

BULLETIN

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE HOURS:

Monday: 10:00 - 4:00
Tuesday: 10:00 - 4:00
Wednesday: 3:30 - 5:00
Thursday: Bulletin Day
Friday: 10:00 - 4:00

Wellbeing Wednesdays

11:00 am - Stroll in the Park
12:00 - Special £5 Lunch
1:00 pm - KPT Craft Circle

Thursday
2-4pm Gentle Garden Group
4-6pm Thursday Night Tea
Time - Meals starting at £2.50

**KPT COMMUNITY BENEFIT
FUND**

**(COMMUNITY HYDRO
DIVIDEND)**

APPLY NOW!

**For more information and how
to apply,
please contact using the
details below.**

SAVE THE DATE!

**JOIN US FOR A WEEKEND OF WHEEL, WALK &
WELLBEING IN PENPONT, FREE - ALL WELCOME!**

Mark your calendars! On Saturday 12th and Sunday 13th September, our community is coming together for a fantastic weekend packed with fun, fitness, and relaxation. Every single activity, event, and food sharing session is completely FREE, and absolutely ALL are welcome to join in!

Whether you want to try something completely new, get active, or simply share some delicious food with neighbours, there is something for everyone.

Here is what we have lined up for an unforgettable, cost-free weekend:

 **Super Saturday: Wheel & Wellbeing (Sept 12, 11am-4pm)**
Saturday is all about moving wheels and good vibes! Bring your bikes and your energy down for:

The Muckmeddan Pump Track: Test your skills and zoom around the track.

Dr Bike & Bike Security: Get your bicycle running smoothly with free check-ups, and get it securely marked by Police Scotland.

A Blast from the Past: Come see a real Replica Velocipede, generously on loan from the Dumfries Museum!

Music & Crafts: Immerse yourself in total relaxation with All that Resonates Sound Therapy, feel the rhythm with African Drumming, or get creative with Hayjavu Crafts and our Kids Corner.

Community Food Sharing: Pack your appetite! We will be gathering in the field to share delicious food, conversation, and laughs.

(Continued on Page 2.)



Telephone: 01848 331435



Email: info.kptdt@gmail.com



Website: www.kptdevelopmenttrust.org

SUNDAY STROLLS: STEP OUT TOGETHER (SEPT 13, 11am - 4pm Approx)

On Sunday, we are hitting the trails! We want to get as many people moving as possible, so we have designed three walking options to suit absolutely every fitness level:

Low Level – The Snail Trail & Walk/Talk: Perfect for families with little ones, prams, or anyone looking for a gentle, chatty stroll along our Active Travel Path.

Medium Level – The Heritage Trail: Great for those who want to get out and about while discovering some fascinating local history.

High Level – Tynron Doon: Calling all experienced hikers—and any brave novices! If you have always wanted to conquer Tynron Doon but haven't done it yet, this is your sign. We will guide you to the top safely.

After we step off the trails, we will all gather back together for another wonderful free community food sharing event to refuel and celebrate our weekend achievements.

Stay Tuned for More Details!

We are currently putting the final touches on our exact event locations and opening up the registration system for the Sunday walks. Make sure to keep an eye out for further updates over the next few days in the upcoming bulletin and on our social media pages so you don't miss out on picking your walking route!

Bring your bikes, bring your walking shoes, bring your community spirit and bring your appetite. We cannot wait to see you there!

JOIN US FOR A WEEKEND OF WHEEL, WALK, & WELLBEING!

SATURDAY 12, SEPT 2026

MUCKMEDDEN PUMP TRACK; DR BIKE;
BIKE SECURITY MARKING
REPLICA VELOCIPEDE
TRY OUT E-BIKES/E-TRIKE;
ALL THAT RESONATES SOUND THERAPY,
AFRICAN DRUMMING HAYJAVU CRAFTS,
GAMES; KIDS CORNER
SMOOTHIE BIKES; FOOD & MUSIC

SUNDAY 13, SEPT 2026

ACTIVE TRAVEL PATH WALK & TALK
HERITAGE WALK
HILL WALK
SUNDAY AFTERNOON FOOD EVENT

11:00AM - 4:00PM
PENPONT
FREE FUN FOR ALL THE FAMILY

Logos: People and Place Fund, Dr Bike, Police Scotland, POILEAS ALBA, Penpont Tynron Keir Development Trust.



NEW DEFIBRILLATOR INSTALLED AT GLADSTONE HALL



A smart, new defibrillator cabinet is now located outside the Gladstone Hall,. Penpont Thank you to Community Councillors Ian Crosbie and Andrew Haining for installing it. The community is incredibly grateful for their time and effort in securing and setting up this vital, life-saving equipment. **Please note that if the defibrillator is ever needed in an emergency, you must phone 999 immediately to obtain the correct access code for the cabinet.**

MAKE A DIFFERENCE ON THE ROAD: VOLUNTEER DRIVERS NEEDED IN NITHSDALE!!



CAIRN VALLEY COMMUNITY TRANSPORT

VOLUNTEER DRIVERS WANTED

We are looking for more volunteer drivers to join our team.

Our minibus is run for the benefit of the parishes of Glencairn, Dunscore & Tynron to enable members of the community to go on day trips to places of interest in southern Scotland and northern England. We also run a scheduled bus service from Moniaive and Dunscore to Castle Douglas and there is a hire service for affiliated community groups.

If you are interested in becoming a volunteer driver please message or email hello@cvct.org.uk

In rural communities across Nithsdale, getting from A to B is not always as simple as hopping on a bus or calling a taxi. For many of our neighbours, community transport is an absolute lifeline. It connects people to vital medical appointments, supermarkets, and essential services, ensuring that no one is left isolated in our beautiful but remote countryside.

Here at KPT Development Trust, we are truly grateful to our local community transport providers, including Cairn Valley Community Transport (CVCT). Without their dedicated services, many of our own community activities, trips, and events simply would not be possible. They keep our community moving, connected, and vibrant.

Why Volunteer?

Stepping up as a volunteer driver is an incredibly rewarding way to give back to your local area. It is a wonderful cause, but it is also a lot of fun! As a volunteer, you will often get to tag along on interesting trips, local excursions, and community activities, meeting great people and exploring the region while making a tangible difference to someone's day.

Whether you have a few hours to spare a week or just a couple of days a month, your time can change a life.

Get in Touch

If you love driving, enjoy meeting new people, and want to support your rural community, we would love to hear from you.

Email: hello@cvct.org.uk **Social Media:** Send a direct message (DM) to the Cairn Valley Community Transport Facebook Page.



Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: www.kptdevelopmenttrust.org

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: info@kptdevelopmenttrust.org



Stroll in the Park

JOIN US!

Penpont Starting 26 June
Wednesdays at 11am
Meet at KPT Office Penpont

Active Communities Dumfries & Galloway



Dumfries & Galloway

Three Villages Community Cafe

Wednesday £5 Special

£5

From 12 noon

CRAFT, SKILLS, SHARE COMPANY & CARE

Craft Circle

Looking for help & skills to both teach & learn creative crafts.

Rural Health & Wellbeing COMMUNITY & CONNECTION PROJECT

JOIN NOW!

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

CHURCH HALL Church Lane PENPONT

BE ACTIVE!

Walking and Cycling Opportunities in Keir, Penpont, and Tynron

FREE E-bikes Hire

(Available to residents within the KPT Community Council area, aged 14 and over).

TO BOOK:

Contact Maureen on 07765073913 or Michelle on 01848 331435

Book using JotForm @<https://kptdevelopmenttrust.org/> or via email: info@kptdevelopmenttrust.org or ask in the Three Villages Community Café

KPT Development Trust

ADDITIONAL SESSIONS NOW AVAILABLE

SHIATSU

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: davie_hall@fastmail.fm

Gentle Garden Group

Friday 11am - 1pm

Refresh the Environment:
Gardening helps improve air quality by producing oxygen and absorbing pollution.

Produce Healthy Food:
Growing your own vegetables and fruits is an easy way to get fresh and organic food.

Reduce Stress:
Gardening has been shown to help relieve stress and improve health and wellbeing.

Bridgend Community Garden

THREE VILLAGES COMMUNITY CAFE

Thursday Tea Time Take Away Pizza Night!

Sit In or Take Away

Please come along and enjoy our £2.50 homecooked Thursday Night Tea Time Meal. at The Three Villages Café Served from 4pm onwards. To book: please call in to the cafe, email - threevillagescafe@gmail.com or phone 01848 331073

COMMUNITY CALL TO ACTION: CRAFTING ACROSS DUMFRIES AND GALLOWAY TO COMPLETE DOREEN'S VISION

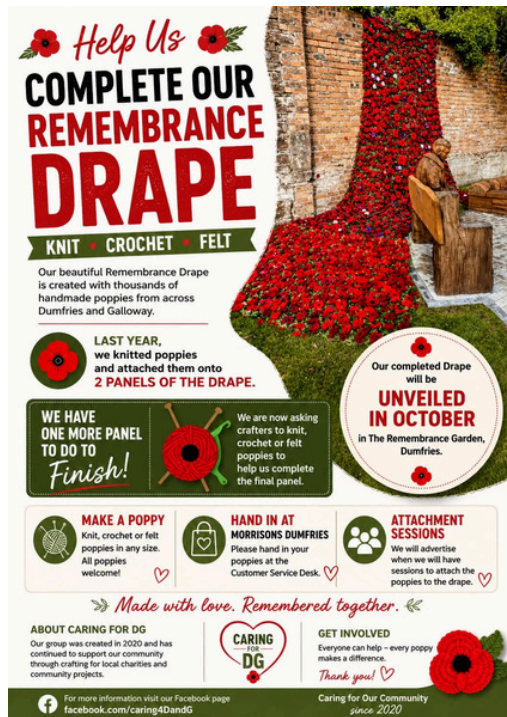


Photo with Doreen Johnston, Mark Jardine and members of The People's Project alongside Michelle J. with Diane, Violet and Sonia from KPT Craft Circle at the assembly sessions held in The Big Burns Supper Building, 2025)
"Many hands make light work".

Please Help Us: Knit or Crochet Poppies!

The KPT Craft Circle is calling on local crafters to knit, crochet, or felt red poppies. Your creations will support two meaningful tributes in memory of Doreen Johnston, a beloved community leader who passed away in July and was the cousin of Michelle J.

Together, we are continuing her vision for two beautiful displays:

The People's Project: Completing the final regional drape panel for an October reveal at St Michael's Street, Dumfries.

KPT Craft Circle Memorial: Creating our own unique local display for 11th November.

How to Get Involved:

Join Us: Come along to the KPT Craft Circle on Wednesday afternoons at the Church Hall, Church Lane, Penpont (light refreshments available).

Drop-Off Points: Leave completed poppies at Morrisons Dumfries, The KPT Development Trust Office, or the Three Villages Café on Main Street, Penpont.

Every single poppy helps bring Doreen's community spirit to life. For more details, please contact Michelle J or simply drop off your poppies at Morrisons Dumfries.





HAYJAVU
KIDS CRAFT CLUB
 KEIR VILLAGE HALL -
 5.45PM - 7.00PM
 EVERY THURSDAY
 £6.00/SESSION
 LOOK FORWARD TO
 SEEING YOU!!!
 BOOKING NOT ESSENTIAL BUT PLACES WILL BE LIMITED

Craft club is back yay! Come along for some crafting fun...tonight we are making our very own squishies 🥰

AFTER SCHOOL WITH OLD SCHOOL

Just a reminder that after school clubs are starting this week! There are still some spaces for some of the clubs. Email youthspace@oldschoolthornhill.com for more information.

- drama club starting date will be confirmed this week
- art club starts Tuesday the 25th
- sewing starts Wednesday the 26th and is every second week
- Lego starts Wednesday the 2nd of September and will be every second week.
- Katz club starts Thursday the 27th
- Kids club starts Friday the 28th.



The Joseph Thomson Heritage Centre, Marrburn Road, Penpont Open every Saturday in August 10am – 3pm

1 • 8 • 15 • 22 • 29 AUGUST 2026

Discover the life and African journeys of the explorer Joseph Thomson, and the lives and past times of the villages of Penpont, Keir and Tynron

Free entry • All welcome

The Joseph Thomson Group is a registered Scottish Charity, number SC029176

Final Saturday Opening - 28th August!



Old School Thornhill
AFTER SCHOOL CLUBS
 For PRIMARY PUPILS
 3:15pm - 4:15pm

- MONDAY Drama (TBC) £5
- TUESDAY art club £5
- WEDNESDAY Lego or* Sewing £2
 * alternated weeks
 note sewing finishes at 5pm
- THURSDAY Katz Club (dancing) £5
- FRIDAY Kids club £2

Places are limited

OST_ hosts

We can help with fees... talk to Lia



UPDATES FROM BRIDGEND COMMUNITY GARDEN

SAVE THE DATE!



**BUCCLEUCH & QUEENSBERRY
CALEDONIA
PIPE BAND**

Your Support Keeps Our Music Alive!

Sponsored WALK

10K WALK

SUNDAY 4 OCTOBER

Join us for a 10k sponsored walk through our local villages, with live performances along the way!

OUR ROUTE & STOPS

- PENPONT**
 - Penpont Community Garden
 - Penpont War Memorial
- THORNHILL**
 - Outside the Co-op
 - Outside the Farmers Arms
- CLOSEBURN**
 - The Round House
 - Outside Closeburn Hall

Full timings and exact route will be published on our Facebook page.

ONE BAND • ONE COMMUNITY • ONE GREAT DAY OUT

RAISING FUNDS TO SUPPORT OUR PIPE BAND
Thank you for your support! ♥

FOLLOW US ON FACEBOOK FOR UPDATES



SPONSORED 10k WALK

Bridgend Community Garden is officially the venue of the season! We are thrilled to host the Buccleuch & Queensberry Caledonia Pipe Band as they kick-start their 10k sponsored walk this Sunday, 4 October, departing right from our beloved community garden at 10 am. We wish the entire band the very best of luck on their journey! Come along and turn up on the day to see them off on their merry way. If you would like to show your support, sponsorship forms are available now at the Three Villages Cafe.

Join Our Sunday Session: Support Scotland Climate Week at Bridgend Community Garden!

Looking for a meaningful way to spend your weekend? Look no further! On Sunday, 4 October, Bridgend Community Garden is hosting a special Sunday Session dedicated to protecting our beautiful local environment. It is the perfect opportunity to get outdoors, connect with neighbours, and take real action for nature. Here are two fantastic reasons why you should come along and join us: Support Scotland Climate Week: Celebrate nationwide climate action on a local level. By turning up, you are showing your support for our planet and helping us champion green spaces right here in our community. You can also find out more about brilliant free training opportunities to get fully certified.

LIGHT REFRESHMENTS AVAILABLE - FREE



Nith Life

invites you to join us in Climate Week

Bridgend Community Garden

Penpont

Sunday 4th October

10am until 11.30am

drop in anytime

Join us after the Pipeband have left on their sponsored walk for a closer look at the health of the Scaur by studying the riverfly population. Find out what minibeasts we find and hear more about invasive species and what can be done.

Free Event

Find us with what three words
///tastier.canines.presumes

**Refreshments
All Welcome**



GALLOWAY AND
SOUTHERN AYRSHIRE
BIOSPHERE

Net Zero
Scotland
Government

LET'S DO
NET ZERO





UPDATES FROM THE CAFE BEYOND THE BREW: MEET THE THREE VILLAGES CAFE CREW!



Over the past few weeks Michelle J. has been showing us how much The Three Villages Café means to our local area. We do more than serve great food. We are a health hub, an advice point, and a zero-waste space. We also help young people start their working lives. Today, we are very proud to introduce two more new young people from our brilliant team!

What Our Café Does

- **Good Food:** We serve high-quality meals with low food miles.
- **Community Help:** We act as a wellbeing hub and local advice spot.
- **Zero Waste:** We use a circular waste model to protect the earth.
- **Job Training:** We give young people their very first work experience.



Meet Angus Middlemass (Age 15)

Balancing school, a part-time job, and competitive sports is no easy feat, but Wallace Hall Academy student Angus Middlemass is proving he has the drive to succeed both on and off the field.

Six months ago, Angus joined the team at the local café, stepping into a fast-paced environment that requires quick thinking and excellent teamwork. Half a year into the role, he has become a familiar, welcoming face to regular customers. Angus shares that he thoroughly enjoys his shifts, mastering the art of customer service while balancing his academic commitments at Wallace Hall.



Meet Lauchlan MacPherson (Age 17)

Lauchlan also a student at Wallace Hall Academy, took his first step into the working world in the summer of 2024 when he joined the café team as he turned 15. While he has been a dedicated and welcoming face at work, Lauchlan's true passion lies in drawing, animation, and costume design. He is now set to take his artistic talents to the next level through an exciting upcoming internship with Alex Rigg's Oceanallover a renowned site-responsive arts company famous for its visually arresting live performances and innovative costume design. Lauchlan is incredibly excited about this hands-on opportunity to learn from professional designers, and the entire café community is proud to support him as he chases his creative dreams.

FRIDAY NIGHT TEA TIME CLUB CANCELLED THIS FRIDAY, 28th AUGUST

Please note that due to unforeseen circumstances, Friday Night Tea Time this coming Friday, 28th August, has been cancelled. We sincerely apologise for any inconvenience this may cause to your weekend plans. We greatly appreciate your understanding and support, and we look forward to welcoming you back to our next scheduled event.

