



# BULLETIN

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

## TRUST OFFICE HOURS:

Monday:	10:00 - 4:00
Tuesday:	10:00 - 4:00
Wednesday:	3:30 - 5:00
Thursday:	12:00 - 4:00
Friday:	Bulletin Day

## Wellbeing Wednesdays

11:00 am - Stroll in the Park  
12:00 - Special £5 Lunch  
1:00 pm - KPT Craft Circle

### Thursday

2-4pm Gentle Garden Group  
4-6pm Thursday Night Tea  
Time - Meals starting at £2.50

### KPT COMMUNITY BENEFIT FUND

**(COMMUNITY HYDRO DIVIDEND)**

**APPLY NOW!**

For more information and how to apply, please contact using the details below.

## ROLLING INTO A GREENER FUTURE:

### MEET THE NEWEST MEMBER OF THE KPTDT FLEET!

We are thrilled to announce that KPT Development Trust has officially invested in a brand-new asset through a grant from SWESTRANS to help our local families get moving: the Ultimate Curve Mid-Engine Cargo Trike.

Why we're so excited:

This isn't just any bike. It's a state-of-the-art "slim-line" powerhouse designed specifically to make active travel accessible for everyone—especially families with little ones!

### Active Travel for All

Our goal is to make low-carbon tourism and everyday outings easier for our community. This new trike removes the barriers of heavy pedalling and tricky terrain, allowing more of us to ditch the car and enjoy the fresh air together.

Keep an eye out for the "Mat Black" beauty out and about – and we are just wondering which family will be first to volunteer and get behind the handlebars!



Telephone: 01848 331435



Email: [info.kptdt@gmail.com](mailto:info.kptdt@gmail.com)



Website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)



**We need you!**



The Mission: We are looking to put together a work party.  
 The Task: To free up the young hedging plants along the Active travel Path from their plastic spirals on the Stepends to Burnhead section.

Equipment needed: Willing hands and secateurs.

When: Saturday 9<sup>th</sup> May @11:00am

After the work: Head to Three Villages Café to enjoy some well deserved light refreshments.

If you can spare an hour or two to help please get in touch with Michelle J.



**KEIR  
COMMUNITY  
COUNCIL**

## Annual General Meeting

Monday, 18th May 2026

7pm

to be held in

**Keir Village Hall, Keir**

Copies of the agenda and previous minutes will be made available on the evening.

**ALL WELCOME**



**KM RALLY 2026**

**CEILIDH**

**SATURDAY**

**23 May  
2026**

Ceilidh & Outdoor BBQ  
@Keir Village Hall, 7pm

**ALL WELCOME**



Tickets Available via Jot Form on KPTDT website  
£20.00/per person



[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

E mail [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)

01848 331435



**SUNDAY 28<sup>TH</sup> JUNE - SATURDAY 4<sup>TH</sup> JULY**

A week of fun for all: crowning of the queen, music, dancing, Mr B.Loon, pet show, pony rides, Road Runner, quiz, Robbie's Bingo, inflatables, sheep dog display and much more.

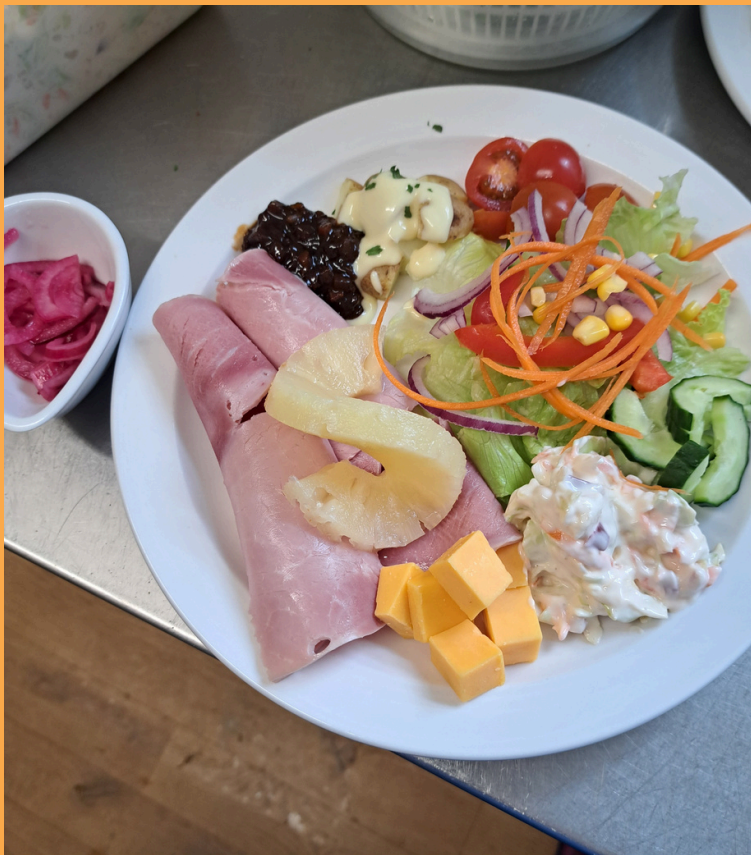
**Big prizes for the fancy dress winners on Saturday 4<sup>th</sup> July**



# UPDATES FROM THE CAFE

## NEW MENU!

### Salad Season has Arrived at Three Villages!



Fresh Salad served with pickled red onion.

With the sun finally making a regular appearance, we are thrilled to announce that **salad season has officially arrived** at the Three Villages Community Cafe! While our hearty breakfasts and filled rolls are year-round favourites, it's time to lighten things up with some fresh, vibrant greens.

To celebrate the season, we're making it easier than ever to enjoy your cafe staples with a healthy twist. Introducing our new **Half & Half options!**

Can't decide between comfort and crunch? Now you don't have to. You can now opt for a "half and half" pairing with your favourites:

- **Soup & Sandwich:** The perfect light lunch.
- **Soup & Chips:** The perfect combo.
- **Chips & Salad:** The ultimate balanced treat!

Whether you're stopping in for a quick bite or catching up with neighbours, come in and try one of our fresh new combinations. It's all about fresh flavours and community spirit this season.



# MENU

Three Villages Community Cafe
Make a reservation  
01848 331073

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When the café is busy, it may not be possible to cook breakfast items after 12 noon as the kitchen is very small. Please ask the waiting staff availability. Also, please let us know of any allergies you may have.

<p><b>KPT BREAKFAST</b> - £9.00 2 Bacon, 1 Sausage, 1 Egg, Mushrooms, Beans, Tomato &amp; 1 Slice Toast</p> <p><b>FRENCH TOAST</b> - £5.25 2 Slices served with maple syrup</p> <p><b>PORRIDGE</b> - £3.75 Served with yogurt &amp; honey ADD Toasted pumpkin seeds - £1.00</p> <p><b>TOAST</b> - £2.00 2 slices with butter &amp; jam</p> <p><b>FRESHLY COOKED HOT FILLED ROLLS</b></p> <p>FRIED EGG - £3.00 SCRAMBLED EGGS - £3.85 2 BACON - £3.50 2 SAUSAGES - £3.50</p> <p><b>ADDITIONS</b> - £1.00 1 Bacon, 1 Sausage, 1 Egg, Black Pudding, Haggis, Tattie Scone, Tomatoes, Mushrooms, Veggie Haggis or Sausage, 1 slice toast</p> <p><b>COFFEE</b> Coffees are made with 2 shots unless otherwise requested ESPRESSO - £2.65 AMERICANO - £2.95 FLAT WHITE - £3.15 LATTE - £3.15 CAPPUCCINO - £3.15 MOCHA - £3.75 Iced Latte - £3.15 Extra Shot - 60p SELECTION OF CANS - £2.00 ORANGE CARTON - £1.20 STILL/SPARKLING WATER - £1.30</p>	<p><b>VEGETARIAN OPTION</b> - £9.00 Replace Bacon &amp; Sausage with veggie sausages &amp; tattie scone</p> <p><b>ON TOAST (1 slice - White or Brown)</b></p> <p>BEANS - £3.50 MUSHROOMS - £3.50 Cheese - £4.00 Pesto Egg with crushed peas - £3.50 2 POACHED EGGS - £4.00 2 FRIED EGGS - £4.00 3 SCRAMBLED EGGS - £4.60</p> <p><b>PENPONT BREAKFAST ROLL</b> - sausage, bacon &amp; tattie scone omelette - £5.25 B L T - Bacon, Lettuce &amp; Tomato - £5.50</p> <p><b>TEA</b> TEA FOR ONE - £2.10 TEA FOR TWO - £3.15 HERBAL TEA - £2.15 Please ask for selection</p> <p><b>HOT CHOCOLATE</b> HOT CHOCOLATE - £3.50 Add Marshmallows - 60p</p> <p><b>COLD DRINKS</b> GLASS OF MILK - £1.50 MILKSHAKE - £3.50 APPLE JUICE £1.20</p>
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**SOUP OF THE DAY**, served with a roll and butter - £5.00

**SANDWICHES, WRAPS or ROLLS**  
Salad - £3.85; Egg Mayo - £3.85; Curried Egg Mayo - £3.85;  
Cheese - £4.40 (add pickle or Tomato - 70p) Ham - £4.95 (add cheese - £1.00)  
Tuna Mayo - £4.95 (add red onion or sweetcorn - 70p) (add cheese - £1.00)  
Prawn Marie Rose - £5.85  
Chicken (Mayo, Coronation, Pesto, Garlic or Sweet Chilli mayo) - £5.85

**TOASTED SANDWICH, WRAP (OR PANINI - add 50p)**  
Cheese - £4.90 (add pickle or tomato - 70p); Cheese & Pepperoni - £6.00; Ham & Cheese - £6.45  
Tuna - £5.45 (add red onion or sweetcorn - 70p), (add cheese - £1.00)  
Bacon, Brie & Cranberry - £6.10; Haggis & Cheese - £6.10 (add sweet chilli sauce - 70p)  
Chicken (Mayo, Coronation, Pesto or Sweet Chilli Mayo) - £6.35

**Add ½ bowl of soup OR a small bowl of chips to your sandwich or wrap? £2.50**

**BAKED POTATOES**  
Cheese - £6.00 (Add beans - £1.00); Egg Mayo - £5.85 ; Curried Egg - £5.85  
Creamy Garlic Mushrooms - £6.00; Tuna Mayo - £6.70 (add red onion or sweetcorn - 70p)  
Haggis & Cheese - £6.80 (add sweet chilli sauce - 70p);  
Chicken (Mayo, Coronation, Pesto, Garlic or Sweet Chilli Mayo) - £7.35  
Prawn Marie Rose - £7.10; Chilli Beef & cheese - £7.50

Please tell us if you don't want the side salad or coleslaw - this helps with our waste policy

**BURGERS: SERVED WITH CHIPS AND COLESLAW**  
BEEF BURGER - £9.20, Add Onions - 70p, Add Cheese - £1.00  
Chicken Fillet - £8.00; Chicken fillet BLT - £9.90  
Halloumi with Chilli Jam - £8.90

**MEALS**  
2 rashers Bacon, 2 Eggs & Chips - £6.30  
2 sausages, Chips & beans - £6.30  
Chicken Gougin wrap, (Coronation, or BBQ Sauce), chips & coleslaw - £7.35  
Chicken, Bacon & Cheese Melt served with tomatoes on 1 slice of toast £7.85  
3 Egg Omelette & Chips - £6.85 with 1 filling - ham, cheese, tomato or mushroom  
Additional filling - £1.00

**SALADS**  
**PLATE SALADS:** Ham - £7.50; Chicken - £7.50 Prawn Marie Rose - £8.00  
Feta Greek Salad Bowl - £7.00  
Chicken Ceasar Salad Bowl - £8.00  
Tuna Nicoise Salad bowl - £8.00

**CHILDREN'S MENU**  
Chicken Bites, Chips & Beans - £4.60; Sausage Beans & Chips - £4.10  
Pizza Quesadilla -tomato sauce, mozzarella cheese & sliced pepperoni - £3.75

**CHIPS** - we use soya vegetable oil  
Small Portion - £2.50; Large Portion - £3.50  
Add Curry Sauce - £1.00 Cheese - £1.00



## BRIDGEND COMMUNITY GARDEN



At Bridgend Community Garden, we cultivate more than just vegetables; we grow a community built on the humble understanding that there are no "experts" among us. Every garden group day is a fresh opportunity for shared learning, where seasoned hands and beginners alike swap tips, mistakes, and—if we're particularly lucky—a bit of growth.

This week, we are celebrating a truly glorious harvest of lettuce, vibrant and crisp. However, the garden is a masterclass in timing. While we cheer for the lettuce, we're also lamenting the sudden state of our spinach and chard. This recent burst of warmth has sent them "bolting," proving just how fine the line is between an optimum harvest and a plant decided on going to seed. In the garden, as in life, we embrace the ebb and flow, knowing that even a "shot" plant is just another lesson for next season. Although, the leaves still taste edible.

### DG3 COMMUNITY GARDEN NETWORK

Big thanks to George White (One Planet Scotland) for meeting with Michelle J. yesterday. George is already a familiar face at OST and the Galloway Food Hub, and he's kindly offered his skills to help us tell our story. Keep an eye out for his photos and write-ups as he visits each of our gardens!

George also shared a quick update from the OST garden: despite some of the purple sprouting broccoli and spring onions bolting (it happens to the best of us!), work is in full swing with Kirsten getting the tomatoes sorted.



Our Beautiful Butterhead Lettuce

### BLUE & WHITE BURSTING THROUGH THE VERDANT



Beside the river's gentle flow, the bluebells weave a sapphire haze,

Where snowy stars of wild garlic bloom through the darling buds of May.

### GARDEN GROUP

**SATURDAY**  
(10:30 to 12:30)

Come on down to the garden to help us with some seed sowing and planting out this Saturday. All a very relaxed affair with the usual cheerful chatter!

**Thursday**  
(2:00 - 4:00)

Join us for an afternoon of gentle gardening, companionship and general outdoorsy (ish) tasks!