



BULLETIN



WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE HOURS:

Monday: 10:00 - 4:00
Tuesday: 10:00 - 4:00
Wednesday: 3:30 - 5:00
Thursday: 12:00 - 4:00
Friday: Bulletin Day

Wellbeing Wednesdays

11:00 am - Stroll in the Park
12:00 - Special £5 Lunch
1:00 pm - Craft Circle

Thursday Pie Night - Cafe
4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND

(COMMUNITY HYDRO DIVIDEND)

NOW OPEN!

For more information and how to apply, please contact using the details below.

A702 NITH BRIDGE TEMPORARY ROAD CLOSURE

Advance notification of upcoming roadworks at the A702 at Nith Bridge, Thornhill.

A temporary road closure has been requested to facilitate surfacing works associated with the installation of permanent traffic signals. The closure is scheduled to take place from 07:00 on Thursday 19 February 2026 until 23:59 on Sunday 22 February 2026.

To minimise disruption during this period, pedestrian access will be maintained, and emergency access will remain available.

The signed diversion route will follow the A702 → B729 → A76, with the route reversed for traffic travelling in the opposite direction.

Advance notice signage will be positioned ahead of and during the works to inform motorists of the closure.

Your continued support is greatly appreciated.



Telephone: 01848 331435



Email: info.kptdt@gmail.com



Website: www.kptdevelopmenttrust.org

**WELCOME TO THE
NITHSDALE & NEW CUMNOCK
BUS SURVEY 2026**



The N76 Active Travel group of Development Trusts in Nithsdale / New Cumnock wish to collect information from potential and actual public bus users to better understand what they need from any future bus services in our area. We will use this information to approach funders of future bus services (like D&G Council) with the aim of changing the provision to better suit passengers and thus encourage greater use. If you wish to contribute to the discussion, please complete this short questionnaire:

Scan the QR Code below to take you through to the Survey - just 4 simple questions to help us understand what you think about the current bus service.



There will be paper copies available in the KPT Development Trust Office and
Three Villages Community Café

Please complete and return paper copies to the collection boxes provided.

**The survey will be open until
20 February 2026**

DATES FOR THE DIARY
COMMUNITY LITTER PICK



Love the Path
Community Litter Pick
Saturday 14th February

11:00am - 1:00pm

Meet up at 10:45 @Three Villages Community Café

All Equipment Provided
Refreshments will be available afterwards in the café

ALL WELCOME



GLENMIDGE FUN RUN!
SUNDAY 15th FEBRUARY, 10 AM



Happy Valentine's
at
Glenmidge DG2 OSW

10am start on Sunday 15th Feb 2026 at
Frank's

Just ask and someone will point the
right way.

Everyone welcome.

Run... Walk... Pushchairs... with the dugs.
You just do whatever distance to suit
you.

Free Food & Tea/Coffee served.

All Welcome to come along and just
enjoy...

SNOWDROP WALK

The Snowdrop Walk is back at Drumlanrig Castle & Estate!

On Saturday 7th & 8th February, the Gardens will open for the first time this year for visitors to enjoy the stunning display of snowdrops along the marked trail.

You are welcome to explore more of the Gardens, pick up your own snowdrops & plants, or grab a bite to eat at the Larchwood Cabin Café.

Please note: the Adventure Playground will not be open.

11am - 3pm

Garden entry applies:

<https://www.drumlanrigcastle.co.uk/event/snowdrop-walk/>



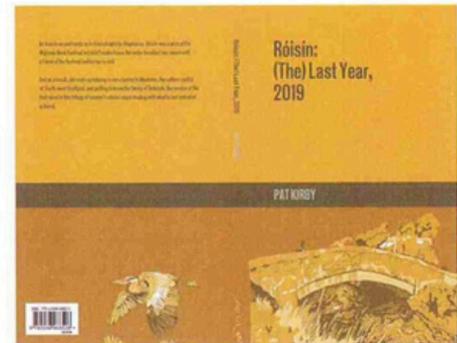
BOOK LAUNCH PARTY FRIDAY 27 FEBRUARY

Book Launch Party

Old School Thornhill
Friday 27 February
7pm - 9pm

(The) Last Year trilogy is finished!

Please come to hear about the books, set here in Mid-Nithsdale, and celebrate with Pat Kirby that the series is completed.



Drinks and snacks and conversation. And a chance to buy a book or three.

Free event. Please follow this link to register your attendance.

<https://www.eventbrite.com/e/book-launch-party-tickets-1980178340722?aff=oddtcreator>

Or email me at: pat.kirby@btinternet.com

RURAL HEALTH & WELLBEING

Our Stroll in the Park group continue to grow week by week and we are always delighted to welcome new walkers.

"The longest journey begins with a single step..." ~ Lao Tzu

You don't need any special gear, just comfy shoes, a coat, and maybe a brolly if it's raining.



For more information please get in touch with Michelle J.



Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: www.kptdevelopmenttrust.org

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: info@kptdevelopmenttrust.org

CRAFT, SKILLS, SHARE COMPANY & CARE

Craft Circle

Looking for help & skills to both teach & learn creative crafts.

COMMUNITY Rural Health & Wellbeing PROJECT

JOIN NOW!

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

KPT OFFICE MAIN STREET PENPONT

FREE Sound & Relaxation By Candlelight

To book: 07471 127497 expressions@stacieamelia.com

Gladstone Hall Princes St Penpont DG3 4BY

Relaxation
Have some time out in your day just to relax your mind, body and spirit.

Immersion
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

Restoration
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

TUESDAYS 6PM
Jan 13th 27th
Feb 17th 24th
Mar 3rd 17th 24th 31st

Stacie Amelia

FREE E-bikes Hire

(Available to residents within the KPT Community Council area, aged 14 and over until March 31, 2026).

TO BOOK: Contact Maureen on 0776507391 or Michelle on 01848 331435. Book using JotForm @ <https://kptdevelopmenttrust.org> or via email: info@kptdevelopmenttrust.org or ask in the Three Villages Community Cafe

BE ACTIVE!

Walking and Cycling Opportunities in Keir, Penpont, and Tynron

Stroll in the Park

JOIN US!

Penpont Starting 26 June
Wednesdays at 11am
Meet at KPT Office Penpont

Active Communities Dumfries & Galloway

ADDITIONAL SESSIONS NOW AVAILABLE

SHIATSU

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: davie_hall@fastmail.fm

Three Villages Community Cafe

Wednesday £5 Special

£5

From 12 noon

THREE VILLAGES COMMUNITY CAFE

TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6PM

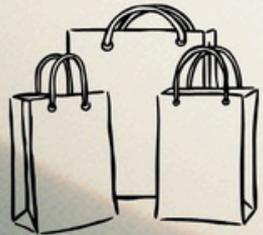
Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE

the Little Bakery



DG3 COMMUNITY FOOD SHARING ACTIVITIES




Three Villages Community Cafe

Wednesday

£5 Special



£5

From 12 noon




THREE VILLAGES COMMUNITY CAFE

TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6 PM

Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

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THORNHILL COMMUNITY FOOD INITIATIVE

A membership food club for everyone.

Every Sunday at Old School Thornhill
(Come round to the kitchen door on the left)

Open from 11.30 to 12.30
Donations from 10.30 onwards

ALL WELCOME



OLD SCHOOL THORNHILL

THORNHILL COMMUNITY FOOD INITIATIVE

EVERY SUNDAY 11.30 TILL 12.30

WHAT DO WE DO? WHO CAN COME?

We aim to be both a wee shop and a friendly drop-in space for anyone in the DG3 area who is struggling to afford their weekly groceries.

No questions are asked, and everyone is welcome. Our goal is to create a warm and inviting environment for all.

DONATIONS WELCOME FROM 10:30 ONWARDS

HOW DOES IT WORK?

- CHOOSE BETWEEN A £6.00 SHOP FOR 20 FAMILY ITEMS OR A £3.00 SHOP FOR 10 INDIVIDUAL ITEMS ON SUNDAY MORNINGS.
- FRUIT, VEGETABLES, AND EGGS ARE FREE.
- ENJOY A FREE CUP OF HOT CHOCOLATE OR HOME MADE SOUP
- ACCESS PRODUCE FROM THE COMMUNITY GARDEN OR PICK YOUR OWN!

OLD SCHOOL THORNHILL

HOSPITAL DISCHARGE COMMUNITY SUPPORT

Are you, a relative, or someone you know being discharged from hospital?

The Thornhill Community Food Initiative is trialing a new service for DG3, providing frozen meals and a stock of food to keep you going for a few days.

To arrange a collection, please email: tcfieoldschoolthornhill.com



For further information on Warm Wednesday or Thursday Takeaway Pie Night at The Three Villages Community Café please contact 01848 331073 or email threevillagescafe@gmail.com or Michelle Johnston (Development Officer on 01848 331435 or email info@kptdevelopmenttrust.org)

For further information on any of the Old School Thornhill community food sharing activities please find on facebook @thornhillcommunityfoodinitiative or oldschoolthornhill.com (N.B. Thornhill Community Food Sharing Initiative are open as usual over the Christmas and New Year period)

ALL WELCOME



BRIDGEND COMMUNITY GARDEN



GARDEN GROUP

Join our 'gentle gardening group'
Health & Wellbeing
Thursday
2:00 - 4:00pm

Community Growing together!

Every Saturday
from 10:30am to 12:30pm.

All Welcome!

www.kptdevelopmenttrust.org

SATURDAY
(10:30 to 12:30)

Come on down to the garden and help us get our new garden planting rotation ready for Spring.
&
Spend time with the hens!

Thursday
(2:00 - 4:00)

Join us for an afternoon of gentle gardening, companionship and general outdoorsy (ish) tasks!

SATURDAY GARDEN GROUP, 10:30 - 12:30

Saturday Garden Group are looking for some volunteers to help us with mainly cleaning out the sheds (and cleaning the kitchen shed) ready for Spring. We will be looking to have a wee garden get together for the start of the growing season with food/drinks etc.

it would be great if we could have a tidy up now while things are still relatively quiet. Also - you never know what treasure we may find hidden away in the depths of those sheds!! Look forward to seeing those of you that can make it along to the garden tomorrow.

Many hands make light work!

Of course, it is snowdrop season and the river bank is looking absolutely beautiful.



BRIDGEND COMMUNITY GARDEN

FRESHLY LAID EGGS



Available from KPT Development Trust Office
Main Street, Penpont

Suggested donation £1.80

Subject to availability





UPDATES FROM THE CAFÉ



FRIDAY NIGHT TEA TIME CLUB

At
Three Villages Community Cafe

MENU

- Home made Steak Pie, chips & peas £10
- Breaded Haddock, chips & peas £10
- Chicken Supreme & Rice £10
- Prawn & Chorizo Noodles £9
- Sweet n Sour Chicken & Noodles £9
- Mushroom Stroganoff & Rice (V) £7
- Macaroni Cheese, chips & peas (V) £7

5.15PM TO LAST ORDERS 7.00PM

Sit in/take away

To book: please call in to the cafe,
email - threevillagescafe@gmail.com
or phone **01848 331073**



FRIDAY NIGHT TEA TIME CLUB DATES



23rd Jan CANCELLED

30th Jan

6th Feb

13th Feb

20th Feb CANCELLED

27th Feb

SIT-IN & TAKE-AWAY

BOOKING PREFERRED

To book, please call 01848 331073; find us on facebook, e-mail threevillagescafe@gmail.com or **BEST OF ALL, POP IN AND SEE US!**

Cancelled

Saturday Supper

7th February 2026 7.00PM

STARTERS

- Cauliflower & Cheese Soup
- Haggis, Neeps & Potatoes
- Streak with Whisky Sauce
- Warm Goat's Cheese Salad

MAINS

- Slow Cooked Chicken with Corn Crust & Vegetables
- Potatoes
- Stuffed with Feta & Sage, served with Buttered Noodles & Vegetables
- Spanakopita (Filo pie with Spinach & Feta) & Vegetables

DESSERTS

- Plum & Almond Kutchen
- Sweet & Salty Cheesecake with Cherries
- Cheese Platter

TO FINISH

Tea or Coffee & homemade shortbread

£25 To book, please call into the cafe, email: threevillagescafe@gmail.com or telephone 01848 331073

BYOB



Unfortunately, we have had to cancel our up and coming Saturday Supper event which was to be held tomorrow, Saturday 7th February.

Our café team sincerely apologise for any inconvenience caused to our customers.

We will look forward to our next Saturday Supper event which we expect to host on Saturday 7th March.

Booking available soon.

