



# BULLETIN



WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

## TRUST OFFICE HOURS:

Monday: 10:00 - 4:00  
Tuesday: 10:00 - 4:00  
Wednesday: 3:30 - 5:00  
Thursday: 12:00 - 4:00  
Friday: Bulletin Day

## Wellbeing Wednesdays

11:00 am - Stroll in the Park  
12:00 - Special £5 Lunch  
1:00 pm - Craft Circle

### Thursday

Take Away Pie Night  
Cafe  
4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND  
(COMMUNITY HYDRO DIVIDEND)

NOW OPEN!

For more information and how to apply, please contact using the details below.

## THANK YOU!



A huge thank you to our amazing volunteers who shared the love this past Valentine's Saturday! ❤️

Our Litter Heroes traded their morning in for bin bags and litter pickers.

The Active Travel Path from Penpont to Burnhead looks fantastic and we are incredibly lucky to have such dedicated volunteers working together to keep our community clean!

🌍 Many hands makes light work, a world of difference, and the path is now debris-free for everyone to enjoy. We couldn't do it without you. Your commitment to our environment is inspiring. Thank you for showing our local path some much-needed love!



The Before



During

Continued on Page 2.



Telephone: 01848 331435



Email: [info.kptdt@gmail.com](mailto:info.kptdt@gmail.com)



Website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)



After: The sunshine was glorious

The photo on the left shows our litter pickers with their filled bags from each of their efforts. We picked from 11am until 12:30pm. It was surprising at how much we did manage to collect as the path doesn't look overly bad. Most of the litter was trapped in the hedgerows and on the roadside.

Many thanks once again to our dedicated litter heroes, Penpont Community Council and Dunfries and Galloway Council and to the Community Safety Team.

A special thank you to Three Villages Community Café team for our foody treats afterwards.

### DATA COUNTERS INSTALLED ALONG THE ACTIVE TRAVEL PATH

Andrew and Irene Haining have very kindly installed the data loggers along the Active Travel Path. We have had a couple of questions asking what they are and what they are for. The purpose is to count footfall and help us to evidence how well the the path is being used. Irene said it was a lovely morning to set them up and there is one set located just after the path crosses the road at Penpont and one set located between Drumlanrig Road and the Nith Bridge.



### NEW HOUSING ON THE GLEBE FIELD?



Coming into Penpont on Monday morning Michelle and Maureen were delighted to see that some local young designers had built an igloo with Sunday's snow! While in the field they noticed that some kind person had levelled a lot of the mole heaps and spread some grass seed. Let's hope the weather warms up soon to get it to sprout!



### NITHSDALE & NEW CUMNOCK BUS SURVEY 2026



Many thanks to everyone who completed the 2026 Nithsdale and New Cumnock Bus Survey! Your input—shared both online and in person—is truly invaluable. We are now reviewing all insights to improve local transport.

**Closing date: 20 February**

## DATES FOR THE DIARY



# FREE TASTER SESSION

COME CELEBRATE CHINESE

NEW YEAR OF THE FIRE HORSE

Moniaive Institute 12-1pm Fri 20<sup>th</sup> Feb

Keir Mill Hall 10-11am Sat 21<sup>st</sup> Feb

Penpont Gladstone Hall 7-8pm Mon 23<sup>rd</sup> Feb

For more info Contact Leah 0770 818 88 60



An ancient and beautiful art combining:  
**Movement, Breathwork, Meditation, Visualisation and Rhythm.**  
Learn a simple and effective daily routine with

**Leah Light**

to clear away energy blocks that can be the root cause behind:  
**Pain, Stiffness, Illness, Sleep issues, Fatigue, and Premature Aging.**

5 week course £50 incl 3x Review Video's or £8 drop-in.

Moniaive 12-1pm Fridays 20/02 to 27/03

Keir Mill 10-11am Saturdays 21/02 to 28/03

Penpont 7-8pm Mondays 23/02 to 30/03

For more info and to book Contact Leah

leahleah@gmail.com / 0770-818 88 60

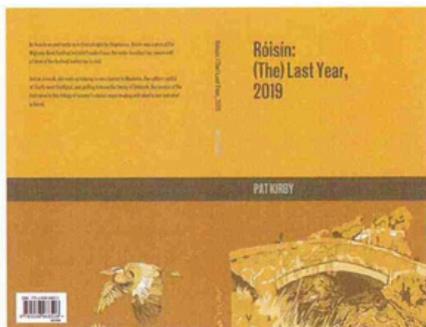
## BOOK LAUNCH PARTY FRIDAY 27 FEBRUARY

# Book Launch Party

Old School Thornhill  
Friday 27 February  
7pm - 9pm

(The) Last Year trilogy is  
finished!

Please come to hear about the books,  
set here in Mid-Nithsdale, and  
celebrate with Pat Kirby that the  
series is completed.

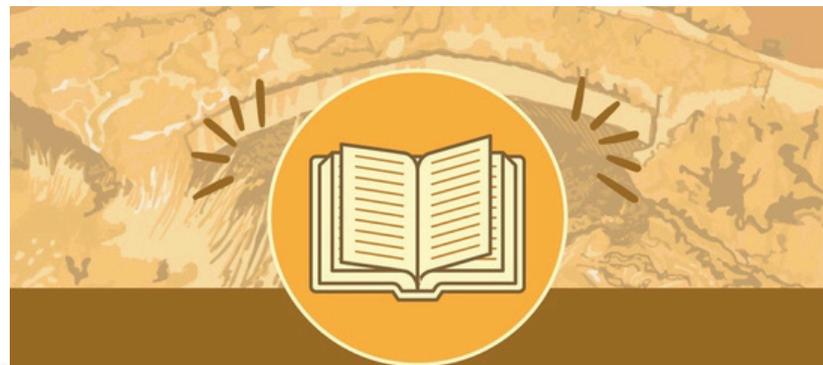


Drinks and snacks and conversation.  
And a chance to buy a book or three.

**Free event.** Please follow this link to  
register your attendance.

<https://www.eventbrite.com/e/book-launch-party-tickets-1980178340722?aff=oddtcreator>

Or email me at: [pat.kirby@btinternet.com](mailto:pat.kirby@btinternet.com)



## (THE) LAST YEAR TRILOGY BOOK LAUNCH PARTY

Join local author Pat Kirby for an  
evening marking the conclusion of  
this trilogy, set in Mid-Nithsdale.

Fri 27<sup>th</sup> Feb



7 - 9pm

Old School Thornhill

Free event - registration required.  
Email [pat.kirby@btinternet.com](mailto:pat.kirby@btinternet.com)  
or scan the QR code.



## SAVE THE DATE

Companies House Reg: SC592235

OSCR Reg No: SC05098



**KM Rally  
2026**

**Cycling  
Camping  
Catering  
& more...**

**22 - 25  
MAY**

Penpont  
Dumfries & Galloway  
DG3 4BP

A full weekend of great and varied cycling routes around the birthplace of Kirkpatrick MacMillan, inventor of the first pedal bicycle.

KPT Development Trust are excited to be hosting The KM Rally over the May Bank Holiday weekend once again this year.

We aim to go live with bookings very soon. Watch this space!

We are just working towards confirming the led bike routes and aim to publicise these soon and ironing out the final details.

We have confirmation that the very much looked forward to and celebrated Sunday Keir Cake Raid will be hosted by the Keir Village Hall Committee.

We have The Roving Pedlar's back again this year for you to Ceilidh the Saturday night night away.

We will also be hosting our new Outdoor BBQ!

## SAVE THE DATE!

To register your interest or for further information  
email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)  
telephone: 01848 331 435

[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

# VOLUNTEERS NEEDED

As this event is growing year by year there will be a number of volunteering opportunities available.

We will be looking for people to meet and greet and generally help people to find their way around,

If you'd like to assist with a led bike ride then please get in touch.

Keir Village Hall Committee are mighty bakers but they are few in numbers - so any help will be greatly appreciated towards baking and or helping with the BBQ or Ceilidh.

If you are interested in volunteering please get in touch with Michelle J.



**KM RALLY 2026  
CEILIDH**

**SATURDAY  
23 May  
2026**

**Ceilidh at Keir Village Hall  
&  
Outdoor BBQ  
ALL WELCOME**



**SAVE THE DATE  
Tickets Available Soon!**



[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

E mail [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)



01848 331435



### Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)

CRAFT, SKILLS, SHARE COMPANY & CARE

# Craft Circle

Looking for help & skills to both teach & learn creative crafts.

## COMMUNITY Rural Health & Wellbeing PROJECT

**JOIN NOW!**

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

KPT OFFICE MAIN STREET PENPONT

**FREE Sound & Relaxation By Candlelight**

To book: 07471 127497 [expressions@stacieamelia.com](mailto:expressions@stacieamelia.com)

Gladstone Hall Princes St Penpont DG3 4BY

**Relaxation**  
Have some time out in your day just to relax your mind, body and spirit.

**Immersion**  
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

**Restoration**  
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

**TUESDAYS 6PM**  
Jan 13<sup>th</sup> 27<sup>th</sup>  
Feb 17<sup>th</sup> 24<sup>th</sup>  
Mar 3<sup>rd</sup> 17<sup>th</sup> 24<sup>th</sup> 31<sup>st</sup>

Stacie Amelia

# FREE E-bikes Hire

(Available to residents within the KPT Community Council area, aged 14 and over until March 31, 2026).

**TO BOOK:** Contact Maureen on 0776507391 or Michelle on 01848 331435. Book using JotForm @ <https://kptdevelopmenttrust.org> or via email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org) or ask in the Three Villages Community Cafe

# BE ACTIVE!

## Walking and Cycling Opportunities in Keir, Penpont, and Tynron

# Stroll in the Park

**JOIN US!**

Penpont Starting 26 June  
Wednesdays at 11am  
Meet at KPT Office Penpont

ACTIVE Communities  
Feeling Better For It

Active Communities Dumfries & Galloway

**ADDITIONAL SESSIONS NOW AVAILABLE**

## SHIATSU

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: [davie\\_hall@fastmail.fm](mailto:davie_hall@fastmail.fm)

Three Villages Community Cafe

# Wednesday £5 Special

**£5**

From 12 noon

THREE VILLAGES COMMUNITY CAFE

# TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6PM

Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE

the Little Bakery



**SATURDAY**  
(10:30 to 12:30)

Come on down to the garden and help us get a new tarpaulin up on the chicken run. Spend time with the hens!

**Thursday**  
(2:00 - 4:00)

Join us for an afternoon of gentle gardening, companionship and general outdoorsy (ish) tasks!

**GARDEN GROUP**

Join our 'gentle gardening group'  
Health & Wellbeing  
Thursday  
2:00 - 4:00pm

Community Growing together!

Every Saturday  
from 10:30am to 12:30pm.

All Welcome!

[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

**GARDEN STARS - THIS WEEK!**



Leslie: Hiding his smile but loving life with the garden girls



Michelle J's Plant of the Week  
*Helleborus foetidus*



David: busily cutting and clearing some of the riverside path

Stinking Hellebore (certainly more beautiful than its common name)

**SEED SWAP**

Sunday 15th March 2026

12-4pm

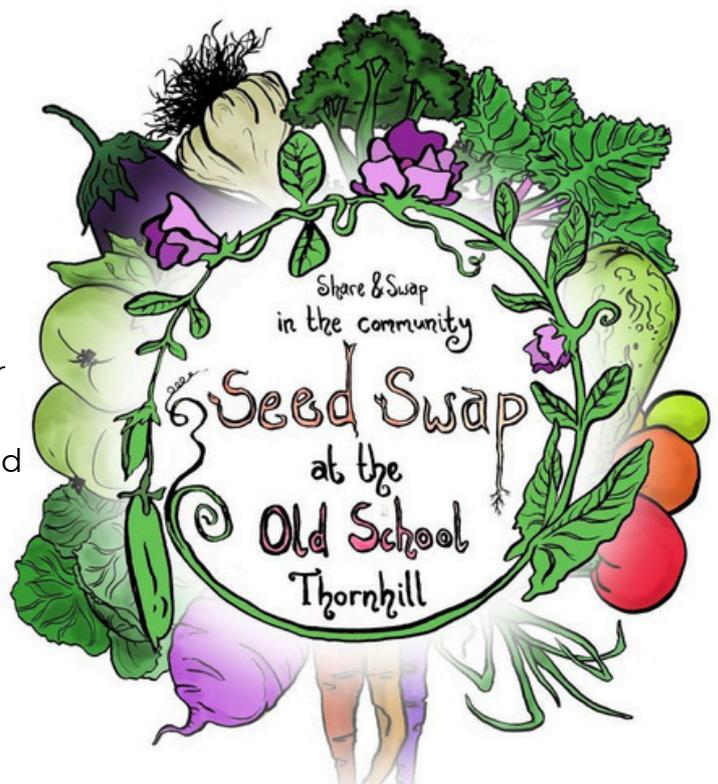
📍 Location: Old School Thornhill (OST)  
Thornhill, Dumfries  
DG3 5DF

Get your green thumbs ready for a fun-filled afternoon of swapping seeds, exchanging gardening tools, and enjoying a craft activity for the kids. Whether you've got fruits, veggies, flowers, or even bird seeds - bring them along and share with others!

What to Expect:

- ✨ Free seeds and seedlings
- ✨ Gardening tools
- ✨ Kids' Craft Activity

...and so much more garden themed fun...





## UPDATES FROM THE CAFÉ



As you are all aware, hospitality businesses are struggling at the moment and the Three Villages Community Café is no different. Those of you that attended the Trust's AGM last October might remember that the café finished the financial year to 31st March 2025 with around a £2,500 loss. The last three months have been slower than usual (although last weekend bucked that trend!) and is heading for a far larger loss in this financial year.

The directors of the Trust have very kindly awarded some funding to the café from the Community Benefit Fund (Community Hydro) to bridge cashflow issues.

A small group of directors – Fiona Diamond, Alison Lane and Maureen Halkett who manages the café as well as cooking regularly on a voluntary basis) along with Michelle Johnston, Development Officer are looking at ways to improve the footfall to the café.

Fiona is keen to promote the café through social media along with Michelle while Alison is thinking about different promotions. Michelle is also looking at ways of supporting staff and volunteers. Maureen is resetting the loyalty card system and updating the menu in conjunction with Billy, the cook.

### Three Villages Café Loyalty Card changing to a Discount Card

Since the café started nearly five years ago, residents in the three villages of Keir, Penpont and Tynron could apply for a 10% discount loyalty card and over 150 people received cards. Over time regular customers from outwith the KPT area felt this is to be unfair. The Trust directors have taken this on board and now agree a new 5% discount card for all customers can be applied for. Along with this discount, card holders can be entered into a monthly draw every time they visit the café and once they pay their bill. The prize(s) for the draw may be a freshly baked cake, vouchers for the café, home made jam, free range eggs etc. depending on the turnover for the month.

The 5% discount card will be available from next week and the 10% loyalty card stopped. Maureen will transfer the current loyalty card holders number and information over to the discount card. Customers can then pick up their discount card from the café. For those who do not have a loyalty card, they can get a discount card whenever they are in the café.



**FRIDAY NIGHT TEA TIME CLUB**  
At  
**Three Villages Community Cafe**

**MENU**

- Home made Steak Pie, chips & peas £10
- Breaded Haddock, chips & peas £10
- Chicken Supreme & Rice - £10
- Sausages, Mash & Onion Gravy - £10
- Sweet n Sour Chicken & Noodles £9
- Special Fried Rice with chorizo, prawns & chicken £9
- 3 egg Shakshuka with or without crispy sausage £7
- Macaroni Cheese, chips & peas (V) £7

**5.15PM TO LAST ORDERS 7.00PM**  
**Sit in/take away**

To book: please call in to the cafe,  
email - [threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com)  
or phone 01848 331073



**FRIDAY NIGHT TEA TIME CLUB DATES**

23<sup>rd</sup> Jan CANCELLED

30<sup>th</sup> Jan

6<sup>th</sup> Feb

13<sup>th</sup> Feb

20<sup>th</sup> Feb CANCELLED

27<sup>th</sup> Feb

**SIT-IN & TAKE-AWAY**  
**BOOKING PREFERRED**

To book, please call 01848 331073; find us on facebook, e-mail  
[threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com) or  
BEST OF ALL, POP IN AND SEE US!

There will be no Friday Night Tea Time Club this evening.

We are taking bookings for our next Saturday Supper, 7<sup>th</sup> March.



**Saturday Supper**

**7<sup>th</sup> March 2026 - 7.00PM**

**STARTERS**

- Cauliflower & Cheese Soup
- Haggis, Neeps & Tatties Stack with Whisky Sauce
- Warm Goat's Cheese Salad

**MAINS**

- Slow Cooked Chicken with Corn Crust & Vegetables
- Pork Fillet stuffed with Feta & Sage, served with Buttered Noodles & Vegetables
- Spanakopita (Filo pie with Spinach & Feta) & Vegetables

**DESSERTS**

- Plum & Almond Kutchen
- Sweet & Salty Cheeseecake with Cherries
- Cheese Platter

**TO FINISH**

- Tea or Coffee & homemade shortbread

**£25** To book, please call into the cafe, email: [threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com) or telephone 01848 331073

**BYOB**



# Sunday, 22 February

## The Midday Roast



Come on in this weekend and enjoy our comforting, indulgent Sunday feast. On the menu: Slow-roasted, herb-infused, melt-in-your-mouth succulent pork, served with golden-roasted potatoes, seasonal vegetables, and a rich, velvety decadent gravy.

**£9.00**

*To book, please call into the cafe,  
email: [threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com)  
or telephone 01848 331073*