



# BULLETIN



WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

## TRUST OFFICE HOURS:

**Monday:** 10:00 - 4:00  
**Tuesday:** 10:00 - 4:00  
**Wednesday:** 3:30 - 5:00  
**Thursday:** 12:00 - 4:00  
**Friday:** Bulletin Day

## Wellbeing Wednesdays

11:00 am - Stroll in the Park  
12:00 - Special £5 Lunch  
1:00 pm - Craft Circle

Thursday Pie Night - Cafe  
4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND  
(COMMUNITY HYDRO DIVIDEND)

NOW OPEN!

For more information and how to apply, please contact using the details below.



## A702 NITH BRIDGE TEMPORARY ROAD CLOSURE

Advance notification of upcoming roadworks at the A702 at Nith Bridge, Thornhill.

A temporary road closure has been requested to facilitate surfacing works associated with the installation of permanent traffic signals. The closure is scheduled to take place from 07:00 on Thursday 19 February 2026 until 23:59 on Sunday 22 February 2026. To minimise disruption during this period, pedestrian access will be maintained, and emergency access will remain available. The signed diversion route will follow the A702 → B729 → A76, with the route reversed for traffic travelling in the opposite direction. Advance notice signage will be positioned ahead of and during the works to inform motorists of the closure. Your continued support is greatly appreciated.

## LOVE THE PATH COMMUNITY LITTER PICK



A reminder that we are looking for Valentine's Day volunteers for our community litter pick. Meeting around 10:45am at The Three Villages Cafe tomorrow, Saturday 14<sup>th</sup>. All Welcome.



Telephone: 01848 331435



Email: [info.kptdt@gmail.com](mailto:info.kptdt@gmail.com)



Website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

**WELCOME TO THE  
NITHSDALE & NEW CUMNOCK  
BUS SURVEY 2026**

Calling all BUS USERS



**ONE WEEK LEFT to take part in our BUS SURVEY!**

If you're a local bus user and you'd like to share your experiences with the current service, then please take part in our very short survey. Only **FOUR** short questions to answer.

Pick up a paper copy from: Three Villages Café or KPTDT Office.

Drop your responses in the Survey Box or through our letter box at KPT Office, Main Street Penpont OR

Click on the link below or Scan QR Code to complete survey online.  
**SURVEY CLOSING 20TH FEBRUARY**  
<https://www.forms.office.com/r/r1UEkh966Z>



**Survey closing date, 20 February 2026**

**RURAL HEALTH & WELLBEING  
CRAFT CIRCLE**

KPT Craft Circle meet up on a Wednesday afternoon at 1pm. Usually in the KPTDT Office, Main Street Penpont. We are such a diverse and friendly group - each week is full of laughter and fun. We do manage to get up to some crafting whilst we are chatting. Currently, there are Easter bunnies being created for our Easter Post Box display as well as tiny knitted hats for premature babies, diamond art, and making dolls clothes. However, we are planning to do a bigger community project again to link in with the KM Rally and Spring Fling - we'd love for more people to join us. All levels of ability are welcome as we are happy to share skills and learn.



## DATES FOR THE DIARY

### GLENMIDGE FUN RUN! SUNDAY 15<sup>th</sup> FEBRUARY, 10 AM

Happy Valentine's  
at  
Glenmidge DG2 0SW

10am start on Sunday 15th Feb 2026 at  
Frank's  
Just ask and someone will point the  
right way.  
Everyone welcome.

Run... Walk... bring the Pushchairs...  
bring the weans and even the dugs. You  
just do whatever distance to suit you.

Free Food & Tea/Coffee served.

All Welcome to come along and just  
enjoy...



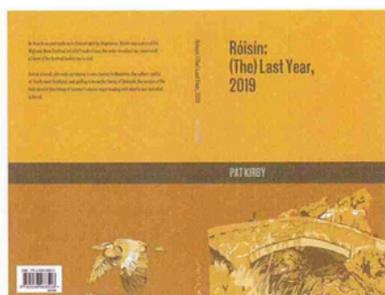
### BOOK LAUNCH PARTY FRIDAY 27 FEBRUARY

## Book Launch Party

Old School Thornhill  
Friday 27 February  
7pm - 9pm

(The) Last Year trilogy is  
finished!

Please come to hear about the books,  
set here in Mid-Nithsdale, and  
celebrate with Pat Kirby that the  
series is completed.



Drinks and snacks and conversation.  
And a chance to buy a book or three.

**Free event.** Please follow this link to  
register your attendance.

<https://www.eventbrite.com/e/book-launch-party-tickets-1980178340722?aff=oddtcreator>

Or email me at: [pat.kirby@btinternet.com](mailto:pat.kirby@btinternet.com)



## FREE TASTER SESSION COME CELEBRATE CHINESE

NEW YEAR OF THE FIRE HORSE

Moniaive Institute 12-1pm Fri 20<sup>th</sup> Feb  
Keir Mill Hall 10-11am Sat 21<sup>st</sup> Feb  
Penpont Gladstone Hall 7-8pm Mon 23<sup>rd</sup> Feb  
For more info Contact Leah 0770 818 88 60



An ancient and beautiful art combining:  
Movement, Breathwork, Meditation, Visualisation and Rhythm.  
Learn a simple and effective daily routine with

**Leah Light**  
to clear away energy blocks that can be the root cause behind:  
Pain, Stiffness, Illness, Sleep issues, Fatigue, and Premature Aging.

5 week course £50 incl 3x Review Video's or £8 drop-in.  
Moniaive 12-1pm Fridays 20/02 to 27/03  
Keir Mill 10-11am Saturdays 21/02 to 28/03  
Penpont 7-8pm Mondays 23/02 to 30/03  
For more info and to book Contact Leah  
[lockeoleah@gmail.com](mailto:lockeoleah@gmail.com) / 0770 818 88 60

## SAVE THE DATE

Companies House Reg: SC592235

OSCR Reg No: SC05098



*KM Rally*  
**2026**

**Cycling  
Camping  
Catering  
& more...**

**22 - 25  
MAY**

Penpont  
Dumfries & Galloway  
DG3 4BP

A full weekend of great and varied cycling routes around the birthplace of Kirkpatrick MacMillan, inventor of the first pedal bicycle.

## SAVE THE DATE!

To register your interest or for further information  
email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)  
telephone: 01848 331 435

[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

# VOLUNTEERS NEEDED

As this event is growing year by year there will be a number of volunteering opportunities available.

We will be looking for people to meet and greet and generally help people to find their way around,

If you'd like to assist with a led bike ride then please get in touch.

Keir Village Hall Committee are mighty bakers but they are few in numbers - so any help will be greatly appreciated towards baking and or helping with the BBQ or Ceilidh.

If you are interested in volunteering please get in touch with Michelle J.

KPT Development Trust are excited to be hosting The KM Rally over the May Bank Holiday weekend once again this year.

We aim to go live with bookings very soon. Watch this space!

We are just working towards confirming the led bike routes and aim to publicise these soon and ironing out the final details.

We have confirmation that the very much looked forward to and celebrated Sunday Keir Cake Raid will be hosted by the Keir Village Hall Committee.

We have The Roving Pedlar's back again this year for you to Ceilidh the Saturday night night away.

We will also be hosting our new Outdoor BBQ!



**KM RALLY 2026**  
*CEILIDH*

**SATURDAY  
23 May  
2026**

**Ceilidh at Keir Village Hall  
&  
Outdoor BBQ  
ALL WELCOME**



**SAVE THE DATE  
Tickets Available Soon!**



[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

E mail [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)



01848 331435



### Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)

CRAFT, SKILLS, SHARE COMPANY & CARE

# Craft Circle

Looking for help & skills to both teach & learn creative crafts.

## COMMUNITY Rural Health & Wellbeing PROJECT

**JOIN NOW!**

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

KPT OFFICE MAIN STREET PENPONT

**FREE Sound & Relaxation By Candlelight**

To book: 07471 127497 [expressions@stacieamelia.com](mailto:expressions@stacieamelia.com)

Gladstone Hall Princes St Penpont DG3 4BY

**Relaxation**  
Have some time out in your day just to relax your mind, body and spirit.

**Immersion**  
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

**Restoration**  
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

**TUESDAYS 6PM**  
Jan 13<sup>th</sup> 27<sup>th</sup>  
Feb 17<sup>th</sup> 24<sup>th</sup>  
Mar 3<sup>rd</sup> 17<sup>th</sup> 24<sup>th</sup> 31<sup>st</sup>

Stacie Amelia

# FREE E-bikes Hire

(Available to residents within the KPT Community Council area, aged 14 and over until March 31, 2026).

**TO BOOK:** Contact Maureen on 0776507391 or Michelle on 01848 331435. Book using JotForm @ <https://kptdevelopmenttrust.org> or via email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org) or ask in the Three Villages Community Cafe

# BE ACTIVE!

## Walking and Cycling Opportunities in Keir, Penpont, and Tynron

# Stroll in the Park

**JOIN US!**

Penpont Starting 26 June  
Wednesdays at 11am  
Meet at KPT Office Penpont

Active Communities Dumfries & Galloway

## ADDITIONAL SESSIONS NOW AVAILABLE

# SHIATSU

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: [davie\\_hall@fastmail.fm](mailto:davie_hall@fastmail.fm)

Three Villages Community Cafe

# Wednesday £5 Special

**£5**

From 12 noon

THREE VILLAGES COMMUNITY CAFE

# TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6PM

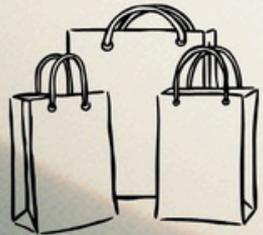
Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE

the Little Bakery



# DG3 COMMUNITY FOOD SHARING ACTIVITIES




**Three Villages Community Cafe**

## Wednesday

# £5 Special



**£5**

From 12 noon




**THREE VILLAGES COMMUNITY CAFE**

## TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6 PM

Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

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## THORNHILL COMMUNITY FOOD INITIATIVE

A membership food club for everyone.

Every Sunday at Old School Thornhill  
(Come round to the kitchen door on the left)

Open from 11.30 to 12.30  
Donations from 10.30 onwards

ALL WELCOME



OLD SCHOOL THORNHILL

# THORNHILL COMMUNITY FOOD INITIATIVE

EVERY SUNDAY 11.30 TILL 12.30

WHAT DO WE DO? WHO CAN COME?

We aim to be both a wee shop and a friendly drop-in space for anyone in the DG3 area who is struggling to afford their weekly groceries.

No questions are asked, and everyone is welcome. Our goal is to create a warm and inviting environment for all.

DONATIONS WELCOME FROM 10:30 ONWARDS

HOW DOES IT WORK?

- CHOOSE BETWEEN A £6.00 SHOP FOR 20 FAMILY ITEMS OR A £3.00 SHOP FOR 10 INDIVIDUAL ITEMS ON SUNDAY MORNINGS.
- FRUIT, VEGETABLES, AND EGGS ARE FREE.
- ENJOY A FREE CUP OF HOT CHOCOLATE OR HOME MADE SOUP
- ACCESS PRODUCE FROM THE COMMUNITY GARDEN OR PICK YOUR OWN!

OLD SCHOOL THORNHILL

## HOSPITAL DISCHARGE COMMUNITY SUPPORT

Are you, a relative, or someone you know being discharged from hospital?

The Thornhill Community Food Initiative is trialing a new service for DG3, providing frozen meals and a stock of food to keep you going for a few days.

To arrange a collection, please email: [tcfieoldschoolthornhill.com](mailto:tcfieoldschoolthornhill.com)



For further information on Warm Wednesday or Thursday Takeaway Pie Night at The Three Villages Community Café please contact 01848 331073 or email [threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com) or Michelle Johnston (Development Officer on 01848 331435 or email [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org))

For further information on any of the Old School Thornhill community food sharing activities please find on facebook @thornhillcommunityfoodinitiative or [oldschoolthornhill.com](http://oldschoolthornhill.com) (N.B. Thornhill Community Food Sharing Initiative are open as usual over the Christmas and New Year period)

ALL WELCOME



# BRIDGEND COMMUNITY GARDEN



**GARDEN GROUP**

Join our 'gentle gardening group'  
Health & Wellbeing  
Thursday  
2:00 - 4:00pm

Community Growing together!

Every Saturday  
from 10:30am to 12:30pm.

All Welcome!

[www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

**SATURDAY**  
(10:30 to 12:30)

Come on down to the garden and help us get a new tarpaulin up on the chicken run. Spend time with the hens!

**Thursday**  
(2:00 - 4:00)

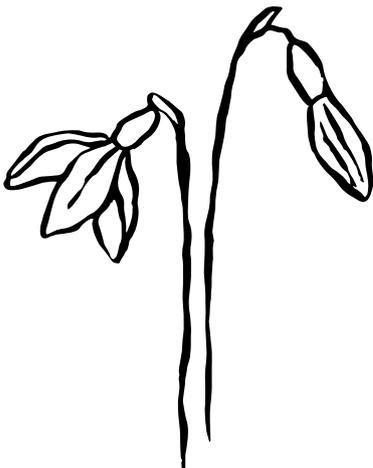
Join us for an afternoon of gentle gardening, companionship and general outdoorsy (ish) tasks!

## SATURDAY GARDEN GROUP, 10:30 - 12:30

### Saturday Garden Group

We are feeling proud of our garden clear up over the past few weeks and to the big sorting out in the two tool sheds and garden kitchen. Thank you to everybody who has volunteered their time and skills to help us. This weekend we are looking for some helpers to come along and help to get the new tarpaulin up over the chicken coop. This will help to provide some shelter for our garden girls protecting them from the elements.

We are well and truly in the midst of snowdrop season and areas along the river bank and along the footpath are providing a beautiful display. The community garden is a great place to visit, spend some time outdoors and go for a walk alongside the river. There are crocuses beginning to make a show as well and the daffodils are pushing up. We hope to see many of you now that Spring is seemingly on the way!



## BRIDGEND COMMUNITY GARDEN

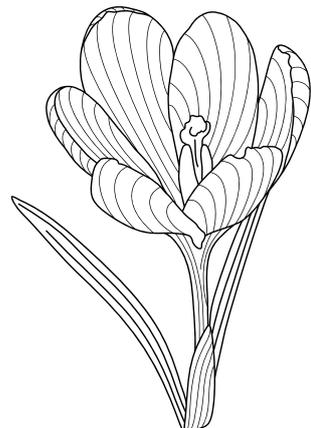
### FRESHLY LAID EGGS



Available from KPT Development Trust Office  
Main Street, Penpont

Suggested donation £1.80

Subject to availability





## UPDATES FROM THE CAFÉ



### INTRODUCING OUR NEW FRIDAY NIGHT TEA TIME CLUB MENU

Our Café team are delighted to unveil a refreshed Menu for our Friday Night Tea Time Club. We've kept a selection of the favourites that our regulars know and love, while also adding a few new dishes that we hope will become firm favourites of their own.

Every week, our team look for ways to offer a welcoming experience, delicious food, and a menu that truly satisfies. We take pride in listening to our customers and shaping our offerings around what you enjoy most. Whether you're joining us for a cosy end-of-week treat or a catch-up with friends, we want every visit to feel special.

Your support means a great deal to us, and we're committed to providing quality service, fresh and affordable menu options, support for local food providers and a warm atmosphere that keeps you coming back.

We can't wait for you to try what's new—and enjoy the classics that never go out of style.



## FRIDAY NIGHT TEA TIME CLUB

At  
**Three Villages  
Community Cafe**

### MENU

- Home made Steak Pie, chips & peas £10
- Breaded Haddock, chips & peas £10
- Slow Cooked Beef, mashed potatoes & Veg - £12
- Sausages, Mash & Onion Gravy - £10
- Sweet n Sour Chicken & Noodles £9
- Chilli Garlic Prawns & Rice £9
- Mushroom Stroganoff & Rice (V) £7
- Macaroni Cheese, chips & peas (V) £7

5.15PM TO LAST ORDERS 7.00PM

### Sit in/take away

To book: please call in to the cafe,  
email - [threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com)  
or phone 01848 331073





## FRIDAY NIGHT TEA TIME CLUB DATES

23<sup>rd</sup> Jan CANCELLED

30<sup>th</sup> Jan

6<sup>th</sup> Feb

13<sup>th</sup> Feb

20<sup>th</sup> Feb CANCELLED

27<sup>th</sup> Feb

SIT-IN & TAKE-AWAY  
BOOKING PREFERRED

To book, please call 01848 331073; find us on facebook, e-mail  
[threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com) or  
BEST OF ALL, POP IN AND SEE US!

