



BULLETIN

HAPPY
2026
NEW YEAR

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE HOURS:

Monday: 10:00 - 4:00
Tuesday: 10:00 - 4:00
Wednesday: 3:30 - 5:00
Thursday: 12:00 - 4:00
Friday: Bulletin Day

Wellbeing Wednesdays

11:00 am - Stroll in the Park
12:00 - Special £5 Lunch
1:00 pm - Craft Circle

Thursday Pie Night - Cafe
4:00 - 6:00pm

**KPT COMMUNITY BENEFIT
FUND**

**(COMMUNITY HYDRO
DIVIDEND)**

NOW OPEN!

**For more information and how
to apply,
please contact using the
details below.**

NITH BRIDGE CLOSURE UPDATE

Trustees Caroline and Maureen have had a meeting this afternoon with Dumfries and Galloway Council (DGC), the contractor, and the project managers. Actual road closure dates and times are now confirmed with work starting next Saturday 17th January and finishing on Wednesday 21st January 2026.

George Wallace, contractor said "we went back to the traffic light designers, and they have come up with a different type of ducting. We will still need to fully close the bridge for Health and Safety reasons but not for as long".

DGC's main priority is getting the children to school so the plan is to start the work over next weekend and finish on the Wednesday with access over the bridge during the school bus times.

Signs with the full closure information should be on site imminently.

We will issue further information including the exact access times as soon as we have it through our website and face book page. DGC will also be communicating this information directly to local Community Council's very shortly.

www.kptdevelopmenttrust.org



Telephone: 01848 331435



Email: info.kptdt@gmail.com



Website: www.kptdevelopmenttrust.org

UPDATE ON THE RAILINGS ON THE ACTIVE TRAVEL PATH

Everyone who has been along the active travel path over the last six months will have seen that the railings at the Penpont side of Steponds have been gradually falling apart. KPT Development Trust raised this issue last year with the Project Managers who agree that it is a design fault. The failure is because of the hot weather last summer made the metal expand and break the fastenings. (A similar designed railing in the Central Belt has not suffered the same problem). The Project Managers were taking the issue back to the designer but as you can see from the photos kindly taken by Dom Ronan and sent into us yesterday, the situation has worsened. We cannot let this issue continue and the Trust are contacting local blacksmithing businesses to get the railings back in place.

Watch this space!



(Photo Credit: Dom Ronan - Jan 2026)

HAPPY NEW YEAR! PENPONT FRIENDSHIP CLUB

Our first week back and newly into 2026 and Penpont Friendship Club have gotten off to a great festive start with their annual Burns Supper Event. Our fabulous café volunteer, Sandy Beer was on hand to help serve up the suppers. Sandy said she really enjoyed volunteering for such a traditional activity and witnessing Ian Currie spouting forth his 'Address to a Haggis' with such a raw energy that the haggis addressed looked well and truly murdered by the finish! The mirth and merriment brought good cheer to all who attended and the murdered haggis was all the easier for serving onto folks' plates.

(Photo Credit: Sandy Beer - Jan 2026)



KPT CRAFT CIRCLE - TIME TO SPARKLE
INTERACTIVE TREASURE HUNT
WE HAVE A WINNER!

Counting our blessings and thanks to those of you who very kindly come forward to help us with our festive window displays and our interactive treasure hunt. An extremely big thank you to those of you who kindly decorated their window and hosted our mystery items and letters. Each of our window displays were unique and dazzling. We have received feedback telling us that folks really enjoyed getting out and doing the walk of discovery around the various window displays. Of course, for legs that tired easy there was also time to go out over the course of the holiday, but the more competitive participants were determined to do all the windows in the one day!

The aim was to simply encourage a bit of family activity and outdoors fun for throughout the holidays. An even bigger thank you to all our participants and to each of those little legs that went on walkabout to discover all the mystery items and each of the letters.

The Mystery Word was PARTRIDGE!

The Hidden/Random Objects were Haggis; Star; Reindeer Biscuit; Chicken and Christmas Socks!

A big well done and thank you to everyone who submitted their completed answers to us. Each of our winning contestants had their names placed into a prize draw and Billy (Cook) from the café drew out our winner this afternoon. Well done and congratulations to Ayden Hamilton who will receive a £25 Voucher to spend in The Three Villages Community Café.

Thank you to everybody for taking part.



Well done and congratulations to Ayden Hamilton

RURAL HEALTH & WELLBEING



FREE

Sound & Relaxation

By Candlelight

To book: 07471 127497
expressions@stacieamelia.com

Relaxation
Have some time out in your day just to relax your mind, body and spirit.

Immersion
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

Restoration
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

Gladstone Hall
Princes St
Penpont
DG3 4BY



TUESDAYS 6PM
Jan 13th 27th
Feb 17th 24th
Mar 3rd 17th 24th 31st

Stacie Amelia

Many thanks to those of you who have already signed up for our Sound & Relaxation by Candlelight sessions. Our first session is scheduled for Tuesday 13th January beginning at 6pm in The Gladston Hall.

Please wear clothing that you are comfortable in, able to stretch in and relax. If you are able to please also bring along a water bottle, yoga mat and a blanket.

There will be spares available.

For further information please see the poster.

HAPPY NEW YEAR FROM OUR STROLL IN TH PARK (WALK & TALK) GROUP



Our Stroll in the Park group were delighted to welcome a new walker this week. It was certainly a beautiful morning for a walk, fresh but a bit slippery under foot!

Everybody felt energised on their return and it's generally agreed a midweek walk is a great activity to look forward to. If you would like to join or know more please pop into KPT Development Trust office or get in touch with Michelle J.

Photo Credit: Sandy Beer - Jan 2026)



DG3 COMMUNITY FOOD SHARING ACTIVITIES



Three Villages Community Cafe

Wednesday
£5 Special

£5

From 12 noon

THIRD SECTOR
Dumfries and Galloway

THREE VILLAGES COMMUNITY CAFE

TAKE AWAY PIE NIGHT!
THURSDAYS - 4 - 6 PM

Come and get your
FREE LITTLE PIES to
take home to heat OR
get them heated up AND for
only £2.50, add chips and
beans OR mash, peas and
gravy.

THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES.
FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK
PLEASE CALL 01848 331073, OR POP INTO THE CAFE

THORNHILL COMMUNITY FOOD INITIATIVE

A membership food club for everyone.

Every Sunday at Old School Thornhill
(Come round to the kitchen door on the left)

Open from 11.30 to 12.30
Donations from 10.30 onwards

ALL WELCOME

OST

OLD SCHOOL THORNHILL

THORNHILL COMMUNITY FOOD INITIATIVE

EVERY SUNDAY 11.30 TILL 12.30

WHAT DO WE DO? WHO CAN COME?

We aim to be both a wee shop and a friendly drop-in space for anyone in the DG3 area who is struggling to afford their weekly groceries.

No questions are asked, and everyone is welcome. Our goal is to create a warm and inviting environment for all.

DONATIONS WELCOME FROM 10:30 ONWARDS

HOW DOES IT WORK?

- CHOOSE BETWEEN A £6.00 SHOP FOR 20 FAMILY ITEMS OR A £3.00 SHOP FOR 10 INDIVIDUAL ITEMS ON SUNDAY MORNINGS.
- FRUIT, VEGETABLES, AND EGGS ARE FREE.
- ENJOY A FREE CUP OF HOT CHOCOLATE OR HOME MADE SOUP
- ACCESS PRODUCE FROM THE COMMUNITY GARDEN OR PICK YOUR OWN!

OLD SCHOOL THORNHILL

HOSPITAL DISCHARGE

COMMUNITY SUPPORT

Are you, a relative, or someone you know being discharged from hospital?

The Thornhill Community Food Initiative is trialing a new service for DG3, providing frozen meals and a stock of food to keep you going for a few days.

To arrange a collection, please email:
tcfi@oldschoolthornhill.com

For further information on Warm Wednesday or Thursday Takeaway Pie Night at The Three Villages Community Café please contact 01848 331073 or email threevillagescafe@gmail.com or Michelle Johnston (Development Officer on 01848 331435 or email info@kptdevelopmenttrust.org)

For further information on any of the Old School Thornhill community food sharing activities please find on facebook [@thornhillcommunityfoodinitiative](https://www.facebook.com/thornhillcommunityfoodinitiative) or oldschoolthornhill.com (N.B. Thornhill Community Food Sharing Initiative are open as usual over the Christmas and New Year period)

ALL WELCOME

RURAL HEALTH & WELLBEING - ACTIVITIES

Companies House Reg. SC92235

OSCR Reg No. SC050980



Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: www.kptdevelopmenttrust.org

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: info@kptdevelopmenttrust.org

CRAFT, SKILLS, SHARE COMPANY & CARE

Craft Circle

Looking for help & skills to both teach & learn creative crafts.

COMMUNITY Rural Health & Wellbeing PROJECT

JOIN NOW!

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

KPT OFFICE MAIN STREET PENPONT

FREE Sound & Relaxation By Candlelight

To book: 07471 127497 expressions@stacieamelia.com

Relaxation
Have some time out in your day just to relax your mind, body and spirit.

Immersion
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

Restoration
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

TUESDAYS 6PM
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Feb 17th 24th
Mar 3rd 17th 24th 31st

Gladstone Hall Princes St Penpont DG3 4BY

Stacie Amelia

E-bikes for hire

£5 for 1/2 day (4 hrs)
£10 for 1 day (8 hrs)

TO BOOK:

Contact Maureen on 07765073913
email info.kptdt@gmail.com
or ask in the Three Villages Community Cafe

KPT Development Trust

BE ACTIVE!

Walking and Cycling Opportunities in Keir, Penpont, and Tynron

Stroll in the Park

JOIN US!

Penpont Starting 26 June
Wednesdays at 11am
Meet at KPT Office Penpont

ACTIVE Communities
Feeling Better For It

Active Communities Dumfries & Galloway

Dumfries & Galloway

SHIATSU

ADDITIONAL SESSIONS NOW AVAILABLE

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: davie_hall@fastmail.fm

Three Villages Community Cafe

Wednesday £5 Special

£5

From 12 noon

THIRD SECTOR Dumfries and Galloway

THREE VILLAGES COMMUNITY CAFE

TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6PM

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THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE

the Little Bakery

BRIDGEND COMMUNITY GARDEN



GARDEN GROUP

Garden Group are planning on meeting up this Saturday in the morning (10:30 to 12:30) to give the garden a wee bit of a tidy up (nothing too strenuous!) and of course to visit the hens. On that note - we wonder if any of you would be up for helping out with looking after them? Some of them have started laying and we would be looking for some morning egg collectors, water/food top up/check etc. Please send Fiona a wee message if you (or someone you know) is interested and either Fiona or Emily can meet you at the garden to show you where everything is and what you would need to do. They are lovely friendly girls and it is very rewarding spending time with them. They love a cuddle!!



Also we are going to have a look at putting a new garden planting rotation ready for Spring.

It looks like it is going to be chilly but dry & sunny on Saturday - so wrap up warm!

OUR GIRLS ARE LAYING!

We are now getting about 5 eggs a day.

Surplus Eggs will be available to the community from KPT Office during office hours

Suggested donation £1.80 (towards laying pellets for the girls)





FRIDAY NIGHT TEA TIME CLUB

At
Three Villages
Community Cafe

MENU

Home made Steak Pie, chips & peas £10

Breaded Haddock, chips & peas £10

Chicken Supreme & Rice £10

Prawn & Chorizo Noodles £9

Sweet n Sour Chicken & Noodles £9

Mushroom Stroganoff & Rice (V) £7

Macaroni Cheese, chips & peas (V) £7

5.15PM TO LAST ORDERS 7.00PM

Sit in/take away

**To book: please call in to the cafe,
email - threevillagescafe@gmail.com
or phone 01848 331073**

