



## BULLETIN

MERRY  
CHRISTMAS  
&  
HAPPY  
NEW YEAR

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

### TRUST OFFICE HOURS:

Monday 22 DEC:	OPEN
Tuesday 23 Dec:	OPEN
CHRISTMAS EVE	Closed
CHRISTMAS DAY	Closed
Boxing Day	Closed

**Wellbeing Wednesdays**  
**RESUME 7<sup>th</sup> January**  
 11:00 am - Stroll in the Park  
 12:00 - Special £5 Lunch  
 1:00 pm - Craft Circle

**Thursday Pie Night - Cafe**  
 4:00 - 6:00pm

**KPT COMMUNITY BENEFIT  
FUND**

**(COMMUNITY HYDRO  
DIVIDEND)**

**NOW OPEN!**

**For more information and how  
to apply,  
please contact using the  
details below.**

### WE ARE ALL WHEEL-Y EXCITED FOR CHRISTMAS



Diane and Mark Tollett photographed with Maureen Halkett, Penny Peddles and wee Kimmy, Timmy and Percy Penguin

pet) designed and made by local family aka team Tollett. Talented and community minded Mark responded to our our appeal and has created two children and a family pet recycling old bicycle parts. Mum - Diane decorated the new additions to the family and gave Penny a bit of a 2025 makeover. We are absolutely

delighted and we hope that you will join in and enjoy this festive fun! We'd love to see your family photos and/or selfies taken with Penny Peddles and her new family.

Thank you to Mark and Diane - wishing you all a very merry Christmas and happy holidays!

After our recent appeal in our Bulletin for help to find a family for Penny Peddles - the magic of Christmas has presented Penny with the perfect present - her very own family!

We are happy to introduce little Kimmy (Keir), Timmy (Tynron) and Percy the Penguin (family



Telephone: 01848 331435



Email: [info.kptdt@gmail.com](mailto:info.kptdt@gmail.com)



Website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)



## KPT CRAFT CIRCLE - TIME TO SPARKLE



Many thanks to those of you who have very kindly come forward to help us with our festive window displays and our interactive treasure hunt. We are not quite ready to launch our treasure hunt clues yet as we've still got a few finishing touches to complete.

To date, it looks as if we have around eight or so window displays to participate. There is still time if you'd like to join in, please get in touch with Michelle J.

Your window displays can be as creative and dazzling as you like and can be themed around Christmas, A Winter Wonderland or anything that helps to spread festive cheer and hope.

We aim simply to encourage a bit of family activity and fun for throughout the holidays.

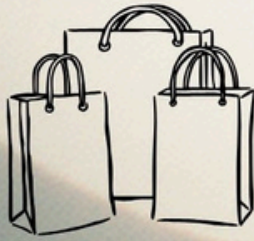


Some of the festive items that KPT Craft Circle have been busy working on over the last few weeks which we hope has helped to brighten up the main street area here in Penpont. Our festive window displays will also be used as a part of the interactive treasure hunt which we aim to have finished early next week. We are already thinking about new ideas for next year!





## DG3 COMMUNITY FOOD SHARING ACTIVITIES



**Three Villages Community Café**

# Wednesday

## £5 Special



**£5**

From 12 noon



**THREE VILLAGES COMMUNITY CAFE**

# TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6 PM

Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.



THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE



# THORNHILL COMMUNITY FOOD INITIATIVE

A membership food club for everyone.

Every Sunday at Old School Thornhill  
(Come round to the kitchen door on the left)

Open from 11.30 to 12.30  
Donations from 10.30 onwards

ALL WELCOME

OST

OLD SCHOOL THORNHILL

# THORNHILL COMMUNITY FOOD INITIATIVE

EVERY SUNDAY 11.30 TILL 12.30

WHAT DO WE DO? WHO CAN COME?

We aim to be both a wee shop and a friendly drop-in space for anyone in the DG3 area who is struggling to afford their weekly groceries.

No questions are asked, and everyone is welcome. Our goal is to create a warm and inviting environment for all.

DONATIONS WELCOME FROM 10:30 ONWARDS

HOW DOES IT WORK?

- CHOOSE BETWEEN A £6.00 SHOP FOR 20 FAMILY ITEMS OR A £3.00 SHOP FOR 10 INDIVIDUAL ITEMS ON SUNDAY MORNINGS.
- FRUIT, VEGETABLES, AND EGGS ARE FREE.
- ENJOY A FREE CUP OF HOT CHOCOLATE OR HOME MADE SOUP
- ACCESS PRODUCE FROM THE COMMUNITY GARDEN OR PICK YOUR OWN!

OLD SCHOOL THORNHILL

# HOSPITAL DISCHARGE COMMUNITY SUPPORT

Are you, a relative, or someone you know being discharged from hospital?

The Thornhill Community Food Initiative is trialing a new service for DG3, providing frozen meals and a stock of food to keep you going for a few days.

To arrange a collection, please email: [tcfieoldschoolthornhill.com](mailto:tcfieoldschoolthornhill.com)



For further information on Warm Wednesday or Thursday Takeaway Pie Night at The Three Villages Community Café please contact 01848 331073 or email [threevillagescafe@gmail.com](mailto:threevillagescafe@gmail.com) or Michelle Johnston (Development Officer on 01848 331435 or email [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org))

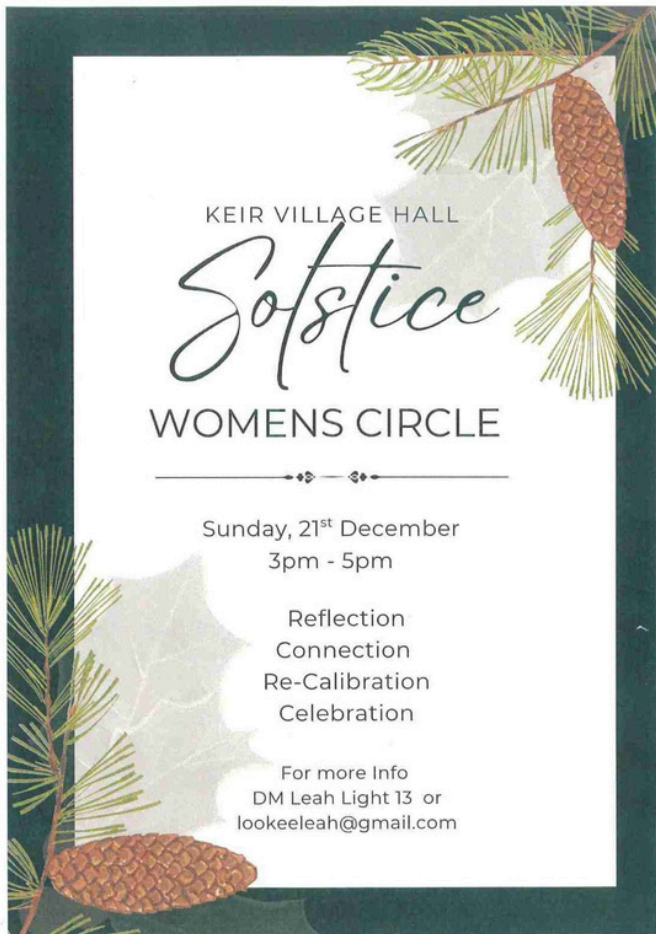
For further information on any of the Old School Thornhill community food sharing activities please find on facebook [@thornhillcommunityfoodinitiative](https://www.facebook.com/thornhillcommunityfoodinitiative) or [oldschoolthornhill.com](http://oldschoolthornhill.com) (N.B. Thornhill Community Food Sharing Initiative are open as usual over the Christmas and New Year period)

ALL WELCOME



## DATES FOR THE DIARY!

**Sunday 21<sup>st</sup> December**



**Wednesday 24<sup>th</sup> December**

## SANTA IS COMING TO TOWN



SEE SANTA ON CHRISTMAS EVE AS HE TRAVELS ON HIS SLEIGH, AND COME VISIT HIS GROTTTO.

SANTA AND ELVES WILL START 5PM AT KEIR, THEN VISIT PENPONT, TRAVELLING THROUGH: THE CARAVAN PARK, PRINGLETON, MARRBURN ROAD, BOGG ROAD, MAIN STREET, BRIARBUSH, GRENNAN ROAD & MILLBANK PLACE, FINISHING AT THE TOP OF GRENNAN ROAD APPROX 6.30PM FOR SANTA'S GROTTTO.

DURING THE JOURNEY, SANTA'S ELVES WILL BE COLLECTING FOR HAYJAVU CRAFTS, TO PROVIDE FREE CHILDRENS CRAFT CLASSES WITHIN OUR COMMUNITY IN 2026.

**Thursday 8<sup>th</sup> January**



Penpont Friendship Club meet up again in the New Year on Thursday 8<sup>th</sup> January. There will be a Burns Supper Event. For those interested in becoming new members or booking your meal - please get in touch with Chair, Betty Grant on 07584437275.

## PUBLIC NOTICE

**19 - 30**

**January 2026**

### Nith Bridge Closure

Nith Bridge will be closed to vehicular traffic from 19<sup>th</sup> January to 30<sup>th</sup> January to allow electric cables to the traffic lights and curbing on the bridge to be laid. Active travellers will be able to cross. The community will be advised to use diversions via Drumlanrig or Auldgirth. However heavy vehicles may have to make a longer detour . The permanent traffic lights will be the final element and will be installed between 9<sup>th</sup> and 13<sup>th</sup> March.



# RURAL HEALTH & WELLBEING - ACTIVITIES

Companies House Reg. SC92235

OSCR Reg No. SC050980



## Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: [www.kptdevelopmenttrust.org](http://www.kptdevelopmenttrust.org)

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: [info@kptdevelopmenttrust.org](mailto:info@kptdevelopmenttrust.org)

**CRAFT, SKILLS, SHARE COMPANY & CARE**

# Craft Circle

Looking for help & skills to both teach & learn creative crafts.

## COMMUNITY Rural Health & Wellbeing PROJECT

**JOIN NOW!**

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

KPT OFFICE MAIN STREET PENPONT

**FREE Sound & Relaxation By Candlelight**

To book: 07471 127497 [expressions@stacieamelia.com](mailto:expressions@stacieamelia.com)

**Relaxation**  
Have some time out in your day just to relax your mind, body and spirit.

**Immersion**  
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

**Restoration**  
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

**TUESDAYS 6PM**  
Jan 13<sup>th</sup> 27<sup>th</sup>  
Feb 17<sup>th</sup> 24<sup>th</sup>  
Mar 3<sup>rd</sup> 17<sup>th</sup> 24<sup>th</sup> 31<sup>st</sup>

Gladstone Hall Princes St Penpont DG3 4BY

Stacie Amelia

# E-bikes for hire

**£5 for 1/2 day (4 hrs)**  
**£10 for 1 day (8 hrs)**

**TO BOOK:**

Contact Maureen on 07765073913  
email [info.kptdt@gmail.com](mailto:info.kptdt@gmail.com)  
or ask in the Three Villages Community Cafe

KPT Development Trust

# BE ACTIVE!

## Walking and Cycling Opportunities in Keir, Penpont, and Tynron

# Stroll in the Park

**JOIN US!**

Penpont Starting 26 June  
Wednesdays at 11am  
Meet at KPT Office Penpont

**ACTIVE Communities**  
Feeling Better For It

Active Communities Dumfries & Galloway

Dumfries & Galloway

# SHIATSU

**ADDITIONAL SESSIONS NOW AVAILABLE**

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: [davie\\_hall@fastmail.fm](mailto:davie_hall@fastmail.fm)

**Three Villages Community Cafe**

# Wednesday £5 Special

**£5**

From 12 noon

THIRD SECTOR Dumfries and Galloway

**THREE VILLAGES COMMUNITY CAFE**

# TAKE AWAY PIE NIGHT!

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the Little Bakery



## BRIDGEND COMMUNITY GARDEN

The Bridgend Community Garden Group are utterly over the moon to introduce the latest additions to the garden - these rather lovely hens. Hopefully, the hens should start to lay in a few weeks time and the garden group will let everybody know when there are delicious fresh eggs available.

These girls are so chilled out & friendly and we hope you will enjoy meeting them and stopping by to watch their antics!

They were generously donated to us by Simon J Frankland from Laurieston, nr. Castle Douglas. If anyone is looking for some hens then we would definately recommend sending this chap a message via Facebook.







## UPDATES FROM THE CAFÉ



### VOUCHERS AVAILABLE NOW!

If like us, you have relatives, friends or colleagues who may be simply too difficult to pick out a Christmas gift for...

We can offer a solution!  
Why not treat them to a  
CAFE VOUCHER?

Our Gift Vouchers are available to purchase now - just ask staff at The Three Villages Community Cafe.



## HOLIDAY *Opening Hours*

24.12	CLOSED
25.12	CLOSED
26.12	CLOSED
27.12	9.30AM - 3.00PM
28.12	9.30AM - 3.00PM
31.12	CLOSED
01.01	CLOSED
02.01	CLOSED
03.01	9.30AM - 3.00PM
04.01	9.30AM - 3.00PM



CHRISTMAS DINNER MENU  
THE EVENING OF  
FRI 19TH DEC 2025  
& OTHER DATES - PLEASE  
SPEAK TO CAFÉ STAFF

BOOKINGS NOW BEING TAKEN

**Starters**

Vegetable Soup (gf)  
Warming homemade soup served with roll & butter

Creamy Garlic Mushrooms(v)  
Served with toast

Homemade Chicken Liver Pate with Cranberries  
Served with oatcakes

Prawn Cocktail  
Served with brown bread & butter

**Mains**

Traditional Roast Turkey Crown & trimmings  
Including pigs in blankets, stuffing & bread sauce

Homemade Nut Roast (v) (gf)  
served with mushroom gravy

Roast Venison haunch  
Served with red currant relish

Salmon Wellington  
Served with Herb Sauce

All Served with Seasonal Vegetables

**Puddings**

Homemade Christmas Sticky Toffee Pudding (v) (gf)  
Served with Toffee Sauce

Christmas Roulade(v) (gf)  
Homemade light meringue filled with cream & Christmas fruits

Chocolate & Orange Cheesecake (v) (gf)  
Homemade cheesecake topped with orange segments

Cheese Platter  
A selection of cheeses served with biscuits and grapes

Cream & Ice-cream if required

**To Finish**

Tea or Coffee  
& Mints

Everyone gets a Christmas Cracker!

**£25.00/ person**

**To book / check availability:**

**Tel. 01848 331073**

**threevillagescafe@ gmail.com facebook (Messenger)**  
**or pop into the café**