



BULLETIN

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE HOURS:

Monday:	10:00 - 2:00
Tuesday:	12:00 - 4:00
Wednesday:	10:00 - 2:00
Thursday:	12:00 - 4:00
Friday:	10:00 - 2:00

Wellbeing Wednesdays

11:00 am - Stroll in the Park
12:00 - Special £5 Lunch
1:00 pm - Craft Circle

Thursday Pie Night - Cafe
4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND

(COMMUNITY HYDRO DIVIDEND)

NOW OPEN!

For more information and how to apply, please contact using the details below.

EARLY CHRISTMAS PRESENT FROM SCOTTISH LAND FUND

Keir, Penpont and Tynron Development Trust receive an early Christmas present from the Scottish Land Fund.

An award of £151,615 will help Penpont, Keir, Penpont and Tynron Development Trust purchase the Glebe Field from the Church of Scotland.

Maureen Halkett, said: "I am delighted on behalf of KPT Development Trust to acknowledge this award from the Scottish Land Fund. With it we will purchase land so that we can begin to fulfill one of the Trust's key objectives of providing much needed affordable community housing and also community space and allotments.

My thanks also goes to the Trust's housing team who have led on this project and to the community who entrust us to continue to complete the vision."



Telephone: 01848 331435



Email: info.kptdt@gmail.com

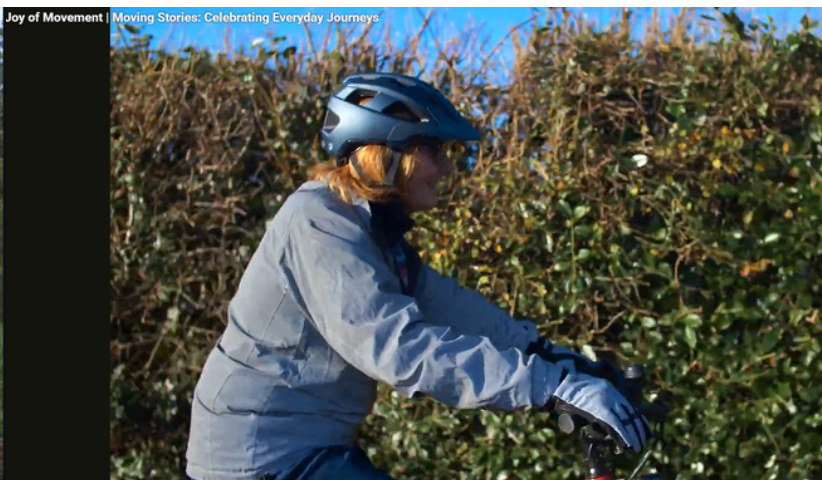


Website: www.kptdevelopmenttrust.org

ACTIVE TRAVEL PATH



An uplifting look at how everyday movement supports our bodies, minds, and moods, and the sense of joy and freedom it can create. Moving Stories is a campaign for Dumfries & Galloway that celebrates the everyday journeys people make by walking, wheeling, cycling, and taking the bus. It explores how these simple acts of movement bring joy and connection to ourselves, each other, and the places we call home. New electric buses are helping communities become more connected, expanded walking, wheeling, and cycling routes are turning pathways into possibilities, and local travel hubs are reviving our streets with new stories to support a more sustainable, connected region. Moving Stories is developed by The Stove Network, supported by Dumfries and Galloway Council, and funded by the UK Government. Film made by Patrick Rooney | Instagram: @dearfriendfilms | www.dearfriendfilms.com



To watch this short film featuring our very own community stars who are using the Active Travel Path please follow the Youtube Link:
<https://youtu.be/VSAo2VqF5Qk>

Happy Viewing!

PILOT PROJECT

Old School Thornhill are pleased to share information about a new service for the DG3 community being offered at Old School Thornhill alongside the Thornhill Community Food Initiative.

Are you, or someone you know, coming out of hospital and needing a stock of food to keep you going for a few days?

We can help!

We have prepared some small, nourishing frozen meals that can be put straight into your freezer and used whenever you need them. These can be collected from Old School Thornhill.

To arrange a collection, please email: tcfi@oldschoolthornhill.com

OLD SCHOOL THORNHILL

**HOSPITAL
DISCHARGE**

COMMUNITY SUPPORT

**Are you, a relative, or someone you know
being discharged from hospital?**

**The Thornhill Community Food Initiative is trialing a
new service for DG3, providing frozen meals and a
stock of food to keep you going for a few days.**

**To arrange a collection, please email:
tcfi@oldschoolthornhill.com**



KPT Craft Circle = TIME TO SPARKLE!



This festive season, we are looking for community members to get creative with dazzling window displays. We would be delighted for businesses, community venues and for residents to join in. Your window display can be themed around Christmas, A Winter Wonderland or anything that helps to spread festive cheer and hope. KPT Craft Circle will then provide an item for you to hide in your window display. We'll list each of the participating windows to create a community treasure hunt for our children, young people and families to get out and about to find the hidden items. We are really excited to see your creative and dazzling window displays! Not only will you get to showcase your festive spirit, but you will also be a part of our community treasure hunt. If you'd like become involved or need some help to decorate your window please get in touch with Michelle J

IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS!



We are loving the uplifting cheer that a little bit of Christmas decor can bring to us all -please send us your favourite photos of local festive scenes and we can put them in the bulletin to share.

CHRISTMAS APPEAL
Penny Peddles needs a family this Christmas!!

Last week Michelle J. put the word out that she was looking for some helpers to prepare Penny Peddles in time for Christmas. Possibly even make a friend or a small family for Penny to help bring some cheer and fun to Penpont Main Street. Big thanks to a member of our community who has already stepped forward to volunteer and they are busily being creative using recycled bits and bobs. We are excitedly waiting to see what magic will happen! If anyone else would like to get involvd there are still bicycle wheels available. This is an innovative and fun project, recycling wheels and bits and bobs from old bicycles and creating something festive with a little novelty value for the community to enjoy. If you would like to help make a friend or a family or something festive and fun for Penny Peddles - please get in touch with Michelle J. KPT Craft Circle are currently working on a new look for Penny Peddles - pop into KPT Office on Wedesday afternoon from 1 - 3pm if you'd like to help. All Welcome! (Tea & Coffee available)



PENPONT FRIENDSHIP CLUB
SEP 2025 - APRIL 2026

Thursday, 8th January 2026
Burns Supper!



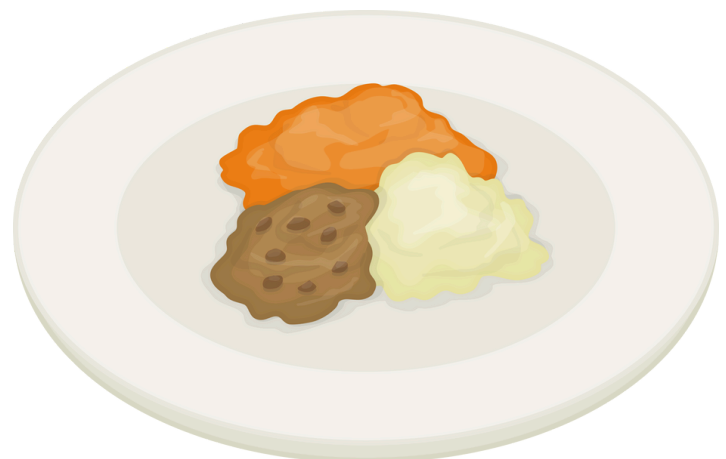
The Penpont Friendship Club
meets in the Gladstone Hall on
Thursday afternoons
2 - 4 pm



PENPONT FRIENDSHIP CLUB

Penpont Friendship Club meet up again in the New Year on Thursday 8th January. New members are very welcome - please get in touch with Chair, Betty Grant on 07584437275.

There will also be a Burns Supper - please can current members and anyone interested in joining also get in touch with Betty so that she knows how many numbers are required for catering purposes.



RURAL HEALTH & WELLBEING - ACTIVITIES

Companies House Reg. SC92235

OSCR Reg No. SC050980



Rural Health & Wellbeing

Keir, Penpont and Tynron Development Trust (KPTDT) have a number of activities and groups that are designed to help keep local residents healthy and active, reduce loneliness and generally improve our sense of wellbeing. Each of our activities and groups are open to all and most are offered free of charge or at a reduced cost.

If anyone living locally is interested in any of the groups or activities shown on this poster, but is faced with barriers to their participation, please do get in touch with us for an informal chat about how we can support you to join in. Please also note that our activities and groups may be subject to change and places on certain activities may be subject to availability. So it is advisable to get in touch prior to attending.

There are also other opportunities available that are not shown here, such as volunteering in Bridgend Community Garden or with our community food sharing activities, so please do check our Facebook Page (KPT Development Trust) and our website: www.kptdevelopmenttrust.org

For further information, or if you have any questions, please get in touch with Michelle Johnston (Development Officer) on 01848 331 435 or email: info@kptdevelopmenttrust.org

CRAFT, SKILLS, SHARE COMPANY & CARE

Craft Circle

Looking for help & skills to both teach & learn creative crafts.

COMMUNITY Rural Health & Wellbeing PROJECT

JOIN NOW!

WEDNESDAY AFTERNOON 1:00 - 3:00 PM

KPT OFFICE MAIN STREET PENPONT

FREE Sound & Relaxation By Candlelight

To book: 07471 127497 expressions@stacieamelia.com

Relaxation
Have some time out in your day just to relax your mind, body and spirit.

Immersion
Sound frequencies and vibrations can help to bring peace, harmony and balance. Soft, melodic sounds like singing bowls, drums and chimes can create a sense of calm helping to reduce stress and anxiety.

Restoration
Caring deeply for your wellbeing

You will need a yoga mat and a blanket. If this is a concern please let me know, I do have spares.

TUESDAYS 6PM
Jan 13th 27th
Feb 17th 24th
Mar 3rd 17th 24th 31st

Gladstone Hall Princes St Penpont DG3 4BY

Stacie Amelia

E-bikes for hire

£5 for 1/2 day (4 hrs)
£10 for 1 day (8 hrs)

TO BOOK:

Contact Maureen on 07765073913
email info.kptdt@gmail.com
or ask in the Three Villages Community Cafe

KPT Development Trust

BE ACTIVE!

Walking and Cycling Opportunities in Keir, Penpont, and Tynron

Stroll in the Park

JOIN US!

Penpont Starting 26 June
Wednesdays at 11am
Meet at KPT Office Penpont

ACTIVE Communities
Feeling Better For It

Active Communities Dumfries & Galloway

Dumfries & Galloway

SHIATSU

ADDITIONAL SESSIONS NOW AVAILABLE

Davie Hall is a qualified acupressure therapist with the Glasgow school of Shiatsu.

Shiatsu is a physical therapy/massage which uses a combination of pressure points, gentle manipulation and stretching.

Shiatsu can help with relaxation, improve mood, aid sleep and relieve tension.

Shiatsu is given fully clothed and can be practised on the floor or a chair. Each session is tailored to the client's needs.

There are 15 more fully funded sessions available.

- 1h sessions
- Home visits
- Priority given to carers, isolated and elderly people and those with mobility issues.
- Treatments also available in Penpont

For any questions or booking contact Davie Hall on: M: 07761 713 685 E: davie_hall@fastmail.fm

Three Villages Community Cafe

Wednesday £5 Special

£5

From 12 noon

THIRD SECTOR Dumfries and Galloway

THREE VILLAGES COMMUNITY CAFE

TAKE AWAY PIE NIGHT!

THURSDAYS - 4-6PM

Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE

the Little Bakery



UPDATES FROM THE CAFÉ NEW IN!

EMPLOYMENT OPPORTUNITY



CLEANER REQUIRED FOR THREE VILLAGES COMMUNITY CAFÉ

5 hours per week, spread over Monday and Tuesday to clean all areas of community café.

for further information, rates of pay etc. please contact Maureen, Billy, or Michelle

email: threevillagescafe@gmail.com. tel 01848 331073 or pop into the café.

VOUCHERS AVAILABLE NOW!

If like us, you have relatives, friends or colleagues who may be simply too difficult to pick out a Christmas gift for...

We can offer a solution!
Why not treat them to a
CAFE VOUCHER?

Our Gift Vouchers are available to purchase now - just ask staff at The Three Villages Community Cafe.

HOLIDAY OPENING TIMES



HOLIDAY *Opening Hours*

24.12	CLOSED
25.12	CLOSED
26.12	CLOSED
27.12	9.30AM - 3.00PM
28.12	9.30AM - 3.00PM
31.12	CLOSED
01.01	CLOSED
02.01	CLOSED
03.01	9.30AM - 3.00PM
04.01	9.30AM - 3.00PM

THREE VILLAGES
COMMUNITY CAFE

Stuck for a Christmas Gift?

CAFE VOUCHERS

now **AVAILABLE**
from the **cafe**



CHRISTMAS DINNER MENU
THE EVENING OF
FRI 19TH DEC 2025
& OTHER DATES - PLEASE
SPEAK TO CAFÉ STAFF

BOOKINGS NOW BEING TAKEN

Starters

Vegetable Soup (gf)
Warming homemade soup served with roll & butter

Creamy Garlic Mushrooms(v)
Served with toast

Homemade Chicken Liver Pate with Cranberries
Served with oatcakes

Prawn Cocktail
Served with brown bread & butter

Mains

Traditional Roast Turkey Crown & trimmings
Including pigs in blankets, stuffing & bread sauce

Homemade Nut Roast (v) (gf)
served with mushroom gravy

Roast Venison haunch
Served with red currant relish

Salmon Wellington
Served with Herb Sauce

All Served with Seasonal Vegetables

Puddings

Homemade Christmas Sticky Toffee Pudding (v) (gf)
Served with Toffee Sauce

Christmas Roulade(v) (gf)
Homemade light meringue filled with cream & Christmas fruits

Chocolate & Orange Cheesecake (v) (gf)
Homemade cheesecake topped with orange segments

Cheese Platter
A selection of cheeses served with biscuits and grapes

Cream & Ice-cream if required

To Finish

Tea or Coffee
& Mints

Everyone gets a Christmas Cracker!

£25.00/ person

To book / check availability:

Tel. 01848 331073

threevillagescafe@ gmail.com facebook (Messenger)
or pop into the café