



BULLETIN

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE HOURS:

Monday: 10:00 - 2:00
Tuesday: 12:00 - 4:00
Wednesday: 10:00 - 2:00
Thursday: 12:00 - 4:00
Friday: 10:00 - 2:00

Wellbeing Wednesdays

11:00 am - Stroll in the Park
12:00 - Special £5 Lunch
1:00 pm - Craft Circle

Thursday Pie Night - Cafe
4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND

(COMMUNITY HYDRO DIVIDEND)

NOW OPEN!

For more information and how to apply, please contact using the details below.

UPDATES FROM THE CHAIR MACMILLAN COFFEE AFTERNOON - A GREAT SUCCESS!



Happy faces of all ages - photos courtesy of Irene Haining

Well done to Penpont Primary School and to everyone for their efforts and time to produce, donate and consume a variety of great cake decorations, and a delicious range of home baking which was very much enjoyed over a cuppa and chat.

A fantastic community effort that has successfully raised a total of £225 in aid of MacMillan Cancer Support.



Telephone: 01848 331435



Mobile: 07 873 320 824

Companies House Reg. SC592235



Email: info.kptdt@gmail.com



Website: www.kptdevelopmenttrust.org

OSCR Reg No. SC05098

COMMUNITY YOGA

Welcome in the Autumn with a gentle and nourishing yoga class.
Find a bit more balance, cultivate strength and ease, tune your attention and have fun getting together in your local village hall, with others giving it a go too.
This class is suitable for beginners as well as for those with more experience.

AUTUMN TERM SEPT/OCT 2025

6 - week blocks of classes.

Pay what you want:
Minimum £5 Maximum £7

For households experiencing any issue and in need of assistance - we are able to support and help towards the costs of the sessions, and transport etc, - for further information or if you have any questions please contact Ailie - details below.

GLADSTONE HALL PENPONT
FRIDAY EVENINGS
Starting 12th September 6.30 - 7.30 PM

TYNRON VILLAGE HALL
FRIDAY MORNINGS
Starting 12th September 10AM - 11AM

KEIR HALL
SATURDAY MORNINGS
Starting 27th September 10AM - 11AM
(Moved from Gladstone Hall)



Please bring a mat and blanket if you have them and wear comfy clothes to move in.
If you have any questions please contact Ailie Cohen - ailiecohen@me.com 07946 274 804

AUTUMN YOGA SESSIONS

We are excited to share new opportunities to access the Autumn Term of Yoga Sessions once again. These sessions are available in Penpont, Tynron and Keir.

Sessions are available on Friday mornings, Friday evenings and on Saturday mornings. Please see poster on the left for further information.

EBikes for Hire

Just a reminder that our Ebikes are still available for hire and with this lovely weather that we've been having recently what better way to get out and enjoy the changing colours of the season.

Our Be Active leaflets are also available in the KPT Office, Main Street Penpont - please pop along and ask for a copy.

BE ACTIVE!

Walking and Cycling Opportunities in Keir, Penpont, and Tynron



E-bikes for hire



£5 for 1/2 day (4 hrs)
£10 for 1 day (8 hrs)

TO BOOK:



Contact Maureen on
07765073913

or Michelle on 07548876433

Book using JotForm

@<https://kptdevelopmenttrust.org/>
or via email: info@kptdevelopmenttrust.org
or ask in the Three Villages Community Café

KPT Development Trust

UP & COMING ACTIVITIES

PENPONT FRIENDSHIP CLUB
SEP 2025 - APRIL 2026

Starting

on

Thursday 9th October 2025



The Penpont Friendship Club
meets in the Gladstone Hall on
Thursday afternoons
2 - 4 pm

***Please note:** Penpont Friendship Group
are welcoming new members **OF ALL AGES!**

Adventures in Galapagos and Upper Amazon

Presented By Andrew and Irene Haining



Keir Village Hall
Friday 10th October 7:00 PM
£3.00

Tea/Coffee and Biscuits
Keir Village Hall Group, Keir Mill, Thornhill DG3 4DE
Charity no. SC 047860

Join Andrew and Irene Haining at Keir Village
Hall for an Adventure in Galapagos and Upper
Amazon on Friday 10th Octobr at 7:00 pm
£3.00 Entry

Come along and join us at:

Three Villages (Penpont) Creative
Writing Group led by Hugh McMillan.
Thursday 6th Novmber, 6:30-8:30pm at
Three Villages Community Cafe .



Open Book

Growth Pilot **New Open Book** **Groups:**

- Three Villages (Penpont)
- Dingwall
- Vennel Gardens (Irvine)



Find out more:
www.openbookreading.com

Can you help? **Crochet, Knit or Felt** **Poppies needed**

Help us create a Wall Drape for
The Remembrance Garden
to be unveiled on Remembrance Sunday



**Featuring poppies created
throughout Dumfries and Galloway**

Five years ago; in 2020 at the start of the pandemic; an amazing team was created
NHS D&G for the Love of Scrubs

Our Dumfries and Galloway team of over 300 volunteers demonstrated the true spirit of our beautiful region. Within only a few short weeks; we had supplied our local NHS, Care Homes, GP surgeries, and everyone that needed them, thousands of scrubs, wash-bags, nightwear and the extremely emotional heart sets.

An amazing team of very talented and dedicated volunteers.

In October that same year, we made poppies for the Poppy appeal. With Covid restrictions in place, fundraising was going to be extremely difficult. We helped raise a remarkable £3274...and so our annual Poppy making began.

We have continued as a group; Caring for our Community; crafting items for local charities and community requests

Caring for Our Community since 2020

For more information visit our Facebook page
facebook.com/caring4DandG

RURAL HEALTH & WELLBEING



Stroll in the Park

JOIN US!

Penpont Starting 26 June

Wednesdays at 11am

Meet at KPT Office Penpont

 Active Communities Dumfries & Galloway





Three Villages Community Cafe

Wednesday

£5 Special

ONE COURSE AND A CUP OF TEA OR COFFEE



£5

From 12 noon

The funding which allowed us to offer the £3 meal over the winter finished on 31st March 2025 and the cafe would like to extend their thanks to Dumfries & Galloway Council and KPT Community Benefit Fund which allowed the cafe to provide nearly 400 Warmer meals .



CRAFT, SKILLS, SHARE COMPANY & CARE



Craft Circle

Looking for help & skills to both teach & learn Crochet & Knitting

COMMUNITY Rural Health & Wellbeing PROJECT

JOIN NOW!

WEDNESDAY AFTERNOON 1:00 - 3:00 PM	KPT OFFICE MAIN STREET PENPONT
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THIRD SECTOR
Dumfries and Galloway



RURAL HEALTH & WELLBEING

Michelle J is looking for some ideas from the community to offer up new Rural Health & Wellbeing Activities. Beneficiaries must be aged 18 and over.

So, if there are any health and wellbeing activities or group suggestions that you would like to come along and share with Michelle J. please pop along to KPT Office to discuss.

All ideas greatly appreciated and welcomed.



THE GREEN GATHERING

ALL WELCOME!



The Green Gathering

Friday 3rd October

10am

Seed Saving Workshop

12pm

From Orchard to pantry

2pm

Wooden stories - Object with a past
with Chris Lee

Saturday 4th October

10-1pm

Repair café and kids corner
with lunch

2pm

'Who goes there?' - a walk with
Antoine

Sunday 5th October

9am

Bird ringing demonstration -
North Solway Ringing Group

12pm

Community BBQ

2pm

Practical wormery workshop

Saturday and Sunday drop session for mini bioblitz and botanical printing



BRIDGEND COMMUNITY GARDEN

Growing Together!



TUESDAY GROUP

The wonderful garden volunteer has Ida has been busy making various apple jams and syrups. There is also Mint Jelly available in the Three Vilalges Cafe.

Thank you very much to everybody for their donation of jam jars - if anybody is in need, there are a variety available to collect from KPT Office.

SATURDAY

WORK PARTY - ALL WELCOME!

The weather isn't looking too great this weekend but it looks like there may be a wee window for a spot of gardening and a blether tomorrow morning. Fiona will be there from 10.30 - 12 Noon ish. Plenty to do in the polytunnel if the weather is too bad to continue sorting out the raised beds/compost etc.outside.



We should also have the new chicken house and other equipment to have a look at ready to set up for when the new chooks arrive - hopefully we will have news on this soon!

If anyone is interested in helping out with the new chickens - cleaning/egg collecting (when they start laying) then please let either Michelle J or Fiona know.

VOLUNTEERS NEEDED!

poppy
scotland

The Scottish Poppy Appeal

would be grateful for volunteers to
do door to door collections.

If interested please contact:
Alex Brown
on
07751907231

LEST WE
FORGET





COMMUNITY CAFE NEWS



FRIDAY NIGHT TEATIME CLUB IS BACK!

FRIDAY NIGHT TEA TIME CLUB
At
**Three Villages
Community Cafe**



RE-OPENS
FRIDAY 26TH SEPTEMBER
5.15PM TO LAST ORDERS 7.00PM
Sit in/take away

To book: please call in to the cafe,
email - threevillagescafe@gmail.com
or phone 01848 331073

**THREE VILLAGES
COMMUNITY CAFE**

TAKE AWAY PIE NIGHT!
THURSDAYS-4-6PM

Come and get your
FREE LITTLE PIES to
take home to heat OR
get them heated up AND for
only £2.50, add chips and
beans OR mash, peas and
gravy.

THE PIES ARE DONATED BY KERR LITTLE BAKERY, DUMFRIES.
FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK
PLEASE CALL 01848 331073, OR POP INTO THE CAFE



Come along and join us for all of
your Friday Night favourites on
our Friday Night Tea Time Club
menu.

Choices include:

Homemade Steak Pie, Breaded
Haddock and homemade
homegrown tomato sauce for the
shakshuka!

HARVEST SUPPER SET FOR 11TH OCTOBER

**THREE VILLAGES
COMMUNITY
CAFE**

*Harvest
Supper*

11TH OCTOBER 2025 7.00PM £25 BYOB

STARTERS:

- Hearty Vegetable Soup & bread
- Pigeon Breast Pate, Relish & Oatcakes
- Mushroom Souffle

MAINS:

- Roast Pork with Apples & Onions
- Maple Roasted Chicken
- Butternut Squash & Sage Risotto

All served with potatoes,
herby buttered carrots & beetroot gratin

DESSERTS:

- Swiss Apple Tart
- Plum & Marzipan Kuchen
- Chocolate & Blackberry Pavlova

To book: please call in to the cafe,
email - threevillagescafe@gmail.com
or phone 01848 331073