

BULLETIN

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE **HOURS:**

Monday: 10:00 -2:00 12:00 - 4:00 Tuesday: Wednesday: 10:00 - 2:00 Thursday: 12:00 - 4:00 Friday: 10:00 - 2:00

Wellbeing Wednesdays

11:00 am - Stroll in the Park 12:00 - Special £5 Lunch 1:00 pm - Craft Circle

Thursday Pie Night - Cafe 4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND

(COMMUNITY HYDRO **DIVIDEND)**

NOW OPEN!

For more information and how to apply, please contact using the details below.

UPDATES FROM THE CHAIR MACMILLAN COFFEE AFTERNOON - A GREAT SUCCESS!







Happy faces af all ages - photos courtesy of Irene Haining

Well done to Penpont Primary School and to everyone for their efforts and time to produce, donate and consume a variety of great cake decorations, and a delicious range of home baking which was very much enjoyed over a cuppa and chat.

A fantastic community effort that has successfully raised a total of £225 in aid of MacMillan Cancer Support.





Telephone: 01848 331435

Mobile: 07 873 320 824 Companies House Reg. SC592235

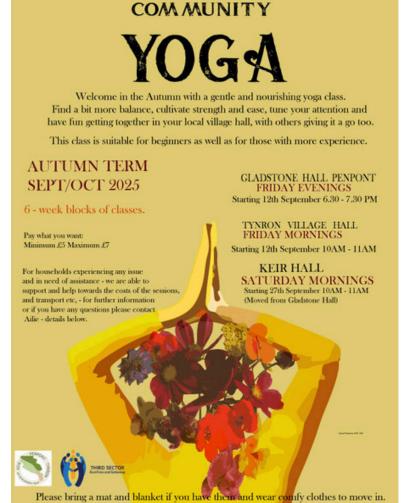






Website: www.kptdevlopmenttrust.org

OSCR Reg No. SC05098



If you have any questions please contact Ailie Cohen - ailiecohen@me.com 07946 274 804

AUTUMN YOGA SESSIONS

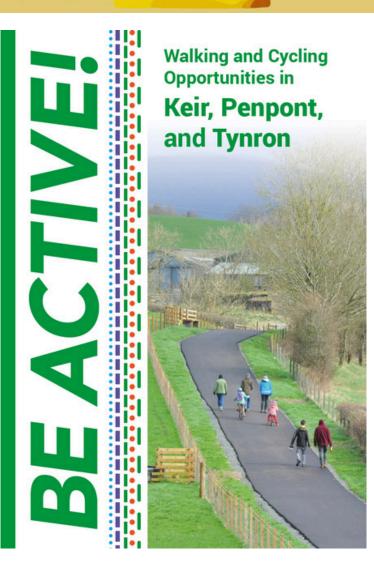
We are excited to share new opportunities to access the Autumn Term of Yoga Sessions once again. These sessions are available in Penpont, Tynron and Keir.

Sessions are available on Friday mornings, Friday evenings and on Saturday mornings, Please see poster on the left for further information.

EBikes for Hire

Just a reminder that our Ebikes are still available for hire and with this lovely weather that we've been having recently what better way to get out and enjoy the changing colours of the season.

Our Be Active leaflets are also available in the KPT Office, Main Street Penpont - please pop along and ask for a copy.



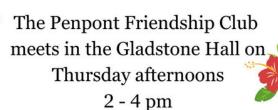


UP & COMING ACTIVITIES

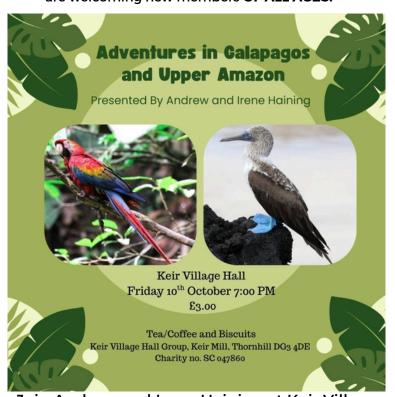


on Thursday 9th October 2025





*Please note: Penpont Friendship Group are welcoming new members OF ALL AGES!



Join Andrew and Irene Haining at Keir Village Hall for an Adventure in Galapagos and Upper Amazon on Friday 10th Octobr at 7:00 pm £3.00 Entry Come along and join us at:

Three Villages (Penpont) Creative Writing Group led by Hugh McMillan. Thursday 6th Novmber, 6:30-8:30pm at Three Villages Community Cafe.



Growth Pilot

New Open Book Groups:

- Three Villages (Penpont)
- Dingwall
- Vennel Gardens (Irvine)



Find out more: www.openbookreading.com

Can you help?

Crochet, Knit or Felt Poppies needed

Help us create a Wall Drape for The Remembrance Garden to be unveiled on Remembrance Sunday





Featuring poppies created throughout Dumfries and Galloway

Five years ago; in 2020 at the start of the pandemic; an amazing team was created NHS D&G for the Love of Scrubs

Our Dumfries and Galloway team of over 300 volunteers demonstrated the true spirit of our beautiful region. Within only a few short weeks; we had supplied our local NHS, Care Homes, GP surgeries, and everyone that needed them, thousands of scrubs, wash-bags, nightwear and the extremely emotional heart sets.

An amazing team of very talented and dedicated volunteers.

In October that same year, we made poppies for the Poppy appeal. With Covid restrictions in place, fundraising was going to be extremely difficult. We helped raise a remarkable £3274...and so our annual Poppy making began.

We have continued as a group; Caring for our Community; crafting items for local charities and community requests

Caring for Our Community since 2020

For more information visit our Facebook page facebook.com/caring4DandG

RURAL HEALTH & WELLBEING



Stroll in the Park

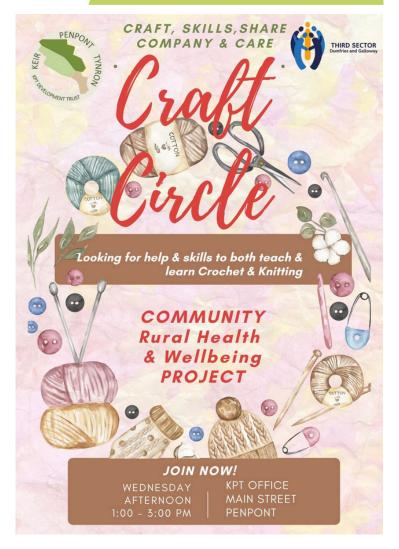
JOIN US!

Penpont Starting 26 June
Wednesdays at 11am
Meet at KPT Office Penpont













RURAL HEALTH & WELLBEING

Michelle J is looking for some ideas from the community to offer up new Rural Health & Wellbeing Activities. Beneficiaries must be aged 18 and over.

So, if there are any health and wellbeing activities or group suggestions that you would like to come along and share with Michelle J. please pop along to KPT Office to discuss.

All ideas greatly appreciated and welcomed.





THE GREEN GATHERING

ALL WELCOME!



2pm

10-1pm

2pm

9am

12pm

2pm



The Green Gathering

Friday 3rd October

Seed Saving Workshop

From Orchard to pantry

Wooden stories - Object with a past with Chris Lee

Saturday 4th October

Repair café and kids corner with lunch

'Who goes there?' - a walk with Antoine

Sunday 5th October

Bird ringing demonstration -North Solway Ringing Group

Community BBQ

Practical wormery workshop

Saturday and Sunday drop session for mini bioblitz and botanical printing



BRIDGEND COMMUNITY GARDEN

Growing Together!





TUESDAY GROUP

The wonderful garden volunteer has Ida has been busy making various apple jams and syrups. There is also Mint Jelly available in the Three Vilalges Cafe.

Thank you very much to everybody for their donation of jam jars - if anybody is in need, there are a variety available to collect from KPT Office.

SATURDAY

WORK PARTY - ALL WELCOME!

The weather isn't looking too great this weekend but it looks like there may be a wee window for a spot of gardening and a blether tomorrow morning. Fiona will be there from 10.30 - 12 Noon ish. Plenty to do in the polytunnel if the weather is too bad to continue sorting out the raised beds/compost etc.outside.

We should also have the new chicken house and other equipment to have a look at ready to set up for when the new chooks arrive - hopefully we will have news on this soon!

If anyone is interested in helping out with the new chickens - cleaning/egg collecting (when they start laying) then please let either Michelle J or Fiona know.





COMMUNITY CAFE NEWS



FRIDAY NIGHT TEATIME CLUB IS BACK!



Come along and join us for all of your Friday Night favourites on our Friday Night Tea Time Club menu.

Choices include:

Homemade Steak Pie, Breaded Haddock amd homemade homegrown tomato sauce for the shakshuka!

HARVEST SUPPER SET FOR

