



BULLETIN

WELCOME TO THE LATEST NEWS AND UPDATES FROM THE TRUST

TRUST OFFICE HOURS:

Monday: 10:00 - 2:00
Tuesday: 12:00 - 4:00
Wednesday: 10:00 - 2:00
Thursday: 12:00 - 4:00
Friday: 10:00 - 2:00

Wellbeing Wednesdays

11:00 am - Stroll in the Park
12:00 - Special £5 Lunch
1:00 pm - Craft Circle

Thursday Pie Night - Cafe
4:00 - 6:00pm

KPT COMMUNITY BENEFIT FUND

(COMMUNITY HYDRO DIVIDEND)

NOW OPEN!

For more information and how to apply, please contact using the details below.

UPDATES FROM THE CHAIR

KEIR VILLAGE HALL - A JOB WELL DONE!

Over the summer, Keir Village Hall has been the subject of substantial refurbishment work that has seen the replacement of the toilets to provide modern, accessible facilities, internal repainting and the provision of a ramp access. Organised by Keir Community Council and supported by Foundation Scotland through wind farm benefits, thanks go to: John Bergin of Rural Properties UK, from Throughgate for the toilet renovation; Steven Carruthers from Dumfries for the internal painting; Frank Skatchill of Glenmidge for the construction of the ramp access; and also to Linda Hay for the cleaning of hall and kitchen after completion of the work.



The newly painted hall and the beautiful new accessible toilet.
(Photos courtesy of Chris Shirley)

I am sure we can all agree that this is a marvelous transformation. A big change with an even bigger impact ensuring the continued use and enjoyment of the Keir Village Hall for many years to come. Many thanks and well done to Keir Community Council and to all involved.



Telephone: 01848 331435



Email: info.kptdt@gmail.com



Website: www.kptdevelopmenttrust.org



Mobile: 07 873 320 824

Companies House Reg. SC592235

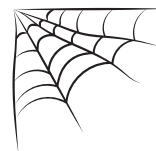
OSCR Reg No. SC05098

KEIR VILLAGE HALL GETS SPOOKY WITH HAYJAVU CRAFTS

Thanks to funding granted from the Community Benefit Fund (CBF) an all day Halloween Workshop was available for up to 12 children/young people. The workshop was designed and delivered by Linda Hay (Hayjavu Crafts). The workshop run at full capacity in Keir Village Hall on Wednesday 15th October. The Halloween workshop was a great success, and very much enjoyed by all those who participated. All of the children/young people said that they had enjoyed making their spooky Halloween decorations, working as a part of a group and they all really loved the newly refurbished hall. Linda Hay said that it 'has been great to be able to use the hall, everyone has enjoyed being creative and having fun in a safe environment'. The funding also covered all of the children being provided with a packed lunch. Lunches were provided with thanks to the Three Villages Community Cafe.

All in all there were six different Halloween activities set to keep everybody busy throughout the day: Mask Making; Mexican Day of the Dead Latterns; Decorative Broomsticks; Witch Puppets. Halloween Biff Bats and Colour Your Own Treat Bag.

Linda Hay further added that 'as well as myself, the children and parents/guardians are all so grateful and appreciate being given this opportunity to be able to take part in this workshop - thank you to KPT Development Trust'. **A very big thank you to Linda for organising this.**



VOLUNTEERS NEEDED



**poppy
scotland**

The Scottish Poppy Appeal

would be grateful for volunteers to
do door to door collections.

If interested please contact:
Alex Brown
on
07751907231

**LEST WE
FORGET**

Can you help? Crochet, Knit or Felt Poppies needed

Help us create a Wall Drape for
The Remembrance Garden
to be unveiled on Remembrance Sunday



**Featuring poppies created
throughout Dumfries and Galloway**

Five years ago; in 2020 at the start of the pandemic; an amazing team was created
NHS D&G for the Love of Scrubs

Our Dumfries and Galloway team of over 300 volunteers demonstrated the true spirit of our beautiful region. Within only a few short weeks; we had supplied our local NHS, Care Homes, GP surgeries, and everyone that needed them, thousands of scrubs, wash-bags, nightwear and the extremely emotional heart sets.

An amazing team of very talented and dedicated volunteers.

In October that same year, we made poppies for the Poppy appeal. With Covid restrictions in place, fundraising was going to be extremely difficult. We helped raise a remarkable £3274...and so our annual Poppy making began.

We have continued as a group; Caring for our Community; crafting items for local charities and community requests

Caring for Our Community since 2020

For more information visit our Facebook page
facebook.com/caring4DandG

KPT CRAFT CIRCLE ARE ALSO LOOKING TO MAKE A NEW POSTBOX TOPPER



**British Legion Poppy Pattern -
Slightly Frilled Poppy**

Cast on 120 stitches. Rows 1-4 Knit Row 5 Knit 3 stitches together across the row (40 stitches) Rows 6-9 Knit Row 10 Knit 2 stitches together across the row (20 stitches) Rows 11-14 Knit Row 15 Knit 2 stitches together across the row (10 stitches) Cut yarn leaving a tail of about 20cm. Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight. Pull around into a circle and then stitch seam. Sew in ends. Centre of Poppy Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre or use a black button to create the centre of the poppy.

HAVE YOUR SAY ON...GP PRACTICES



What matters to you about the services at your GP practice?

We are holding pop-up drop-in events across the region — and you're invited to come along, chat with us, and share your views.

GP medical services in our area need to be responsive, fair, sustainable and fit for the future. Your voice matters.

Over coming weeks, small teams will be at supermarkets, community halls and libraries — seeking your views.

Stranraer Ryan Centre, 20 Oct, 3 pm to 6 pm	Annan TBC, 05 Nov, 3 pm to 6 pm
Newton Stewart Coop, 21 Oct, 3 pm to 6 pm	Castle Douglas Tesco, 06 Nov, 3 pm to 6 pm
Dumfries Atrium at DGRI, 22 Oct, 3 pm to 6 pm	Dalbeattie Coop, 11 Nov, 3 pm to 6 pm
Langholm Coop, 23 Oct, 3 pm to 6 pm	Moffat TBC, 12 Nov, 3 pm to 6 pm
Lockerbie Tesco, 28 Oct, 3 pm to 6 pm	Thornhill Drumlanrig Cafe, 13 Nov, 3 pm to 6 pm
Sanguhar Nithsdale Hotel, 29 Oct, 3 pm to 6 pm	Kirkcannel Kirkcannel Miners Memorial Hall 17 Nov, 3 pm to 6 pm
Gretna Costa Coffee, Caledonia Park, 30 Oct, 3 pm to 6 pm	Kirkcudbright TBC, 18 Nov, 3 pm to 6 pm
Whithorn Whithorn Trust Cafe Area 03 November, 3 pm to 6 pm	It's easy and open to all No forms, no jargon. Just a chat. Drop in when you can — takes just a few minutes.

Produced by NHS Dumfries and Galloway, October 2025. To receive this poster in a different language please contact dgcommunications@nhs.scot

Your views on your GP practice are being sought, and a series of pop-up events across Dumfries and Galloway are giving you the chance to have your say

The GMS Review began in December 2024 and has already gathered insights from healthcare professionals about rising patient demand, workforce pressures, and the need for improved IT systems. It's spoken to wider stakeholders, and heard from patients about some of the challenges they face, and what they would like to see in the future.

The pop-up events are designed to be quick, simple, and convenient - no appointment is needed. Questions are straightforward, with no jargon, simply asking one simple question - what matters most to you about your GP practice?

Deputy Medical Director and GP Dr Grecy Bell said: "We often hear from staff about what needs to improve, but patients sometimes see things differently. These events are a chance to consider everything we've heard to date, and to make sure that what's taken forward reflects the needs of everyone."

Feedback from the pop-ups will feed into a comprehensive plan for the future of GP services in Dumfries and Galloway.

Health officials aim to present detailed proposals early next year, ensuring services meet the needs and expectations of local communities.

Residents are encouraged to attend the pop-up events in their area.

Dates, times, and locations are being shared through social media channels.

For more information, or to express interest in attending, people can contact the GMS Review team at dg.shapingthefutureofgms@nhs.scot

Thornhill: Drumlanrig Cafe. 13th Nov 3pm - 6pm



Stroll in the Park

JOIN US!

Penpont Starting 26 June

Wednesdays at 11am

Meet at KPT Office Penpont

 Active Communities Dumfries & Galloway



COMMUNITY YOGA

Welcome in the Autumn with a gentle and nourishing yoga class.
Find a bit more balance, cultivate strength and ease, tune your attention and have fun getting together in your local village hall, with others giving it a go too.
This class is suitable for beginners as well as for those with more experience.

AUTUMN TERM
SEPT/OCT 2025

6 - week blocks of classes.

Pay what you want:
Minimum £5 Maximum £7

For households experiencing any issue and in need of assistance - we are able to support and help towards the costs of the sessions, and transport etc, - for further information or if you have any questions please contact Ailie - details below.

GLADSTONE HALL, PENPONT
FRIDAY EVENINGS
Starting 12th September 6.30 - 7.30 PM

TYNRON VILLAGE HALL
FRIDAY MORNINGS
Starting 12th September 10AM - 11AM

KEIR HALL
SATURDAY MORNINGS
Starting 27th September 10AM - 11AM
(Moved from Gladstone Hall)



Please bring a mat and blanket if you have them and wear comfy clothes to move in.
If you have any questions please contact Ailie Cohen - ailiecohen@mc.com 07946 274 804

BE ACTIVE!

Walking and Cycling Opportunities in Keir, Penpont, and Tynron



E-bikes for hire



£5 for 1/2 day (4 hrs)
£10 for 1 day (8 hrs)

TO BOOK:



Contact Maureen on
07765073913

or Michelle on 07548876433

Book using JotForm

@<https://kptdevelopmenttrust.org/>

or via email: info@kptdevelopmenttrust.org

or ask in the Three Villages Community Café

KPT Development Trust

DATES FOR YOUR DIARY



Three Villages Community Cafe

Wednesday

£5 Special

ONE COURSE AND A CUP OF TEA OR COFFEE



£5

From 12 noon

The funding which allowed us to offer the £3 meal over the winter finished on 31st March 2025 and the cafe would like to extend their thanks to Dumfries & Galloway Council and KPT Community Benefit Fund which allowed the cafe to provide nearly 400 Warmer meals .



THIRD SECTOR
Dumfries and Galloway


RURAL HEALTH & WELLBEING




Michelle J is looking for some ideas from the community to offer up new Rural Health & Wellbeing Activities. Beneficiaries must be aged 18 and over.

So, if there are any health and wellbeing activities or group suggestions that you would like to come along and share with Michelle J. please pop along to KPT Office to discuss.

All ideas greatly appreciated and welcomed.



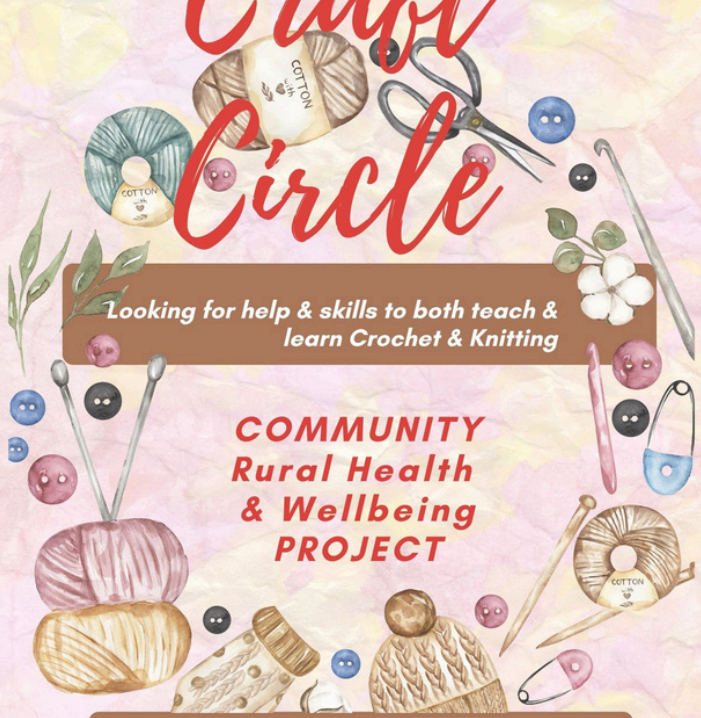
CRAFT, SKILLS, SHARE COMPANY & CARE



THIRD SECTOR Dumfries and Galloway

Craft Circle

Looking for help & skills to both teach & learn Crochet & Knitting




COMMUNITY Rural Health & Wellbeing PROJECT

JOIN NOW!

WEDNESDAY AFTERNOON 1:00 - 3:00 PM	KPT OFFICE MAIN STREET PENPONT
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Capenoch Past and Present

Presented By Robert Gladstone



Keir Village Hall
Wednesday 29th October 7 pm
£3
Tea/ Coffee and Biscuits

Keir Village Hall Group, Keir Mill, Thornhill DG3 4DE
Charity no. SC 047860



BRIDGEND COMMUNITY GARDEN

Growing Together!



TUESDAY GROUP

This week our Tuesday Group found themselves hugelling! We experimented with first of the Autumn fallen leaves and branches to make our first Hugelkultur Bed.

Michelle J. was keen to implement this permaculture bed-building technique called hügelkultur, in which waste wood is used as the base layer in compost-filled mounds. Hugelkultur (pronounced HOO-gel-kul-tur). Layers of wood, cardboard, leaves and woodchip have all been applied. A layer of rich mulch/compost will be eventually added and then we'll have to simply wait and watch for the magic to unfold. Hopefully, it can be planted up early next year.

COMMUNITY CALL TO ACTION!

Companies House Reg. SC592235

OSCR Reg No. SC05098



JOIN US BECOME A MEMBER

**CALLING ALL COMMUNITY RESIDENTS!
WE NEED YOU!**

Keir, Penpont & Tynron Development Trust (KPTDT) are inviting you to join us in our mission to create a thriving sustainable community.

As a member you will have a direct say in local regeneration projects that matter to YOU!

If you are motivated to make a meaningful difference in your community, we want to hear from you!

Visit us online and complete our JotForm to become a member today.

JOIN NOW

www.kptdevelopmenttrust.org

Or, please pop into the KPTDT office to sign up as a new member!



COMMUNITY CAFE NEWS



Last Saturday's Harvest Supper went really well with lots of people asking for the recipes for some of the dishes. Over the next couple of weeks we will publish some of the recipes, starting this week with the beetroot gratin (see below).

The next event will be a Saturday Supper on Saturday, 15th November and bookings are now being taken. A supper quiz night is also being organised. More next week.

The Wednesday Special is still popular and we are looking at extending it to Thursday and Friday lunchtimes if we can get a grant to subsidise it. We'll keep you posted.

Billy and Harry open late on a Thursday to distribute the free pies, but you can also come in and enjoy a meal from the menu.

This Friday, Billy will be cooking at the Tea Time Club as Maureen is away.



Saturday Supper

15TH NOVEMBER 2025 - 7.00 PM

STARTERS

- Cream of Mushroom Soup
- Cauliflower Popcorn with cream & herb dressing
- Baked Feta Cheese with honey & sesame seeds

MAINS

- Venison & Red Wine Casserole, served with mash & veg
- Breast of Chicken Cacciatore, served with Tagliatelle
- Roasted Aubergine, butter beans & chilli pesto, served with flatbread & yogurt

DESSERTS

- Bakewell Tart & Custard
- Apricot & Almond Strudel & cream
- Autumn Fruits Roulade & ice cream

TO FINISH

Tea or Coffee & homemade Chocolate Fudge

£25 To book, please call into the cafe, email: threevillagescafe@gmail.com or telephone 01848 331073

BYOB



THREE VILLAGES COMMUNITY CAFE

TAKEAWAY PIE NIGHT!

THURSDAYS - 4-6 PM

Come and get your **FREE LITTLE PIES** to take home to heat OR get them heated up AND for only £2.50, add chips and beans OR mash, peas and gravy.

THE PIES ARE DONATED BY KERK LITTLE BAKERY, DUMFRIES. FOR MORE INFORMATION ABOUT THE PIES AND TO BOOK PLEASE CALL 01848 331073, OR POP INTO THE CAFE



Red Currant Relish Recipe

- 1 red onion, finely chopped
- jar red currant jelly
- 1 medium chilli or chilli flakes
- dried cranberries

METHOD

Gently warm the red currant jelly. Stir in the rest of the ingredients, cook for a few minutes. Serve.



FRIDAY NIGHT TEA TIME CLUB

At
Three Villages Community Cafe

MENU

- Home made Steak Pie, chips & peas £10
- Breaded Haddock, chips & peas £10
- Chicken Supreme & Rice £10
- Prawn & Chorizo Noodles £9
- Sweet n Sour chicken/Tofu & Noodles £9
- Mushroom Stroganoff & Rice (V) £7

5.15PM TO LAST ORDERS 7.00PM

Sit in/take away

To book: please call in to the cafe, email - threevillagescafe@gmail.com or phone 01848 331073

